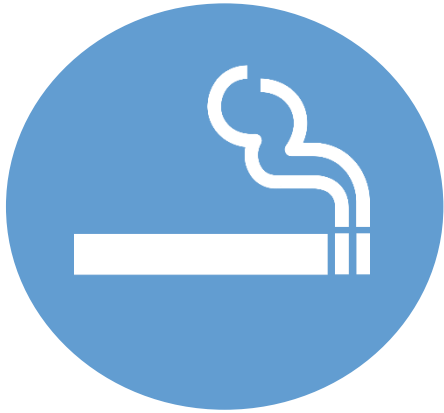


Pennsylvania's Strategy for Tobacco Free Behavioral Health Settings

PPHA 2019

Presentation Overview



Tobacco Use
Prevalence



State Strategy
Session



Progress and
Next Steps

Tobacco Use Among the Behavioral Health Community

In Pennsylvania,

37% of adults reporting poor mental health are current smokers.

Only **43%** of mental health treatment facilities and **58%** of substance use treatment facilities use Ask-Advise-Refer brief intervention to screen and refer patients to services.

PA State Strategy Session on Tobacco Free Recovery

In November 2017, **Pennsylvania Department of Health**, in partnership with the **Department of Human Services** and the **Office of Mental Health and Substance Abuse Services**, convened state and national tobacco and behavioral health stakeholders

resulting in...



A statewide action plan and strategy working groups

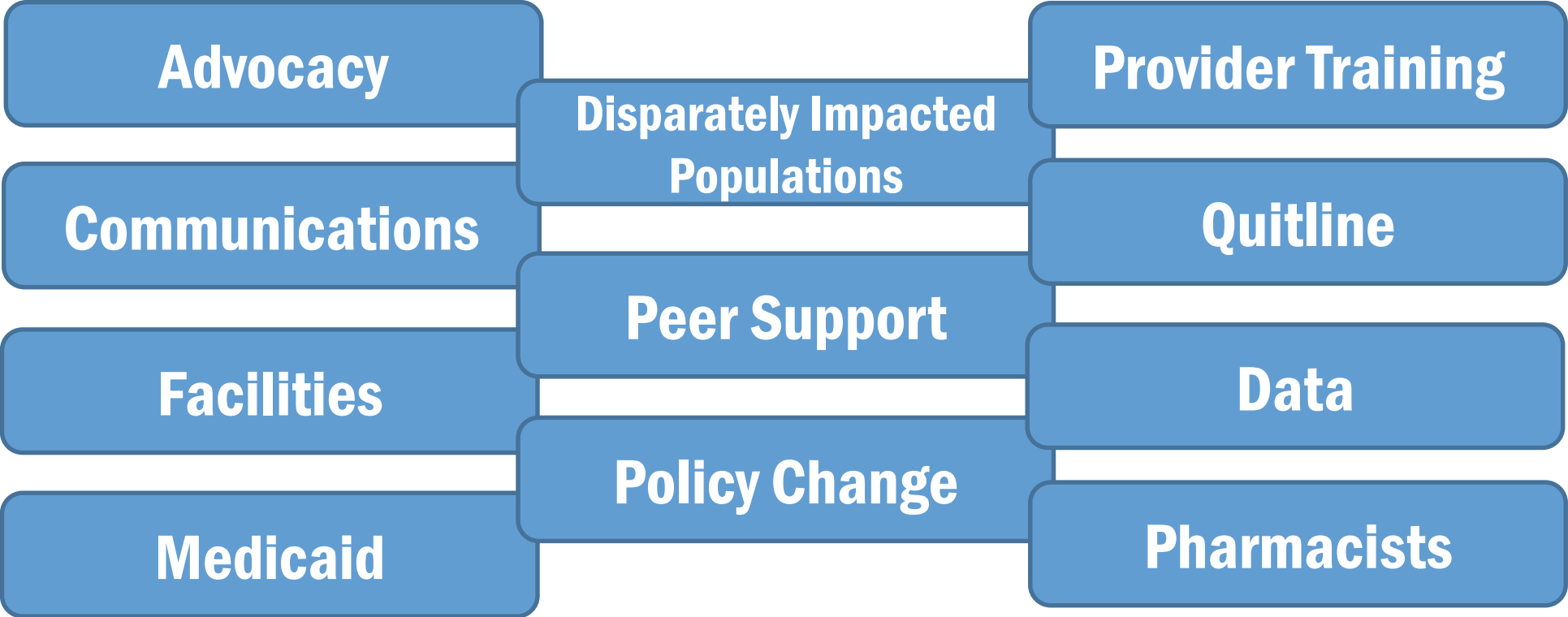
State Strategy Session Process

The session began with viewing a **Gallery Walk** that presented national and state data on tobacco-related use, policy, and quality of care for this vulnerable population.

This led to the group **establishing baseline data points** that will be tracked over time to measure progress towards reducing the smoking prevalence.



Strategies to Be Addressed



Seven Strategy Committees



Statewide Action Plan Goals

- ✓ Increase **tobacco cessation** activities
- ✓ Promote tobacco use **prevention**
- ✓ **Reduce tobacco use** among the behavioral health population



Results

By December 31, 2018 **all six state hospitals** had implemented tobacco free campus policies.

The Pennsylvania Department of Human Services issued a **bulletin on Medicare/Medicaid reimbursement** for tobacco cessation services.

PA Free Quitline implemented a pilot to support **callers with depression and anxiety**.

Tobacco cessation experts developed **trainings for pharmacists**.

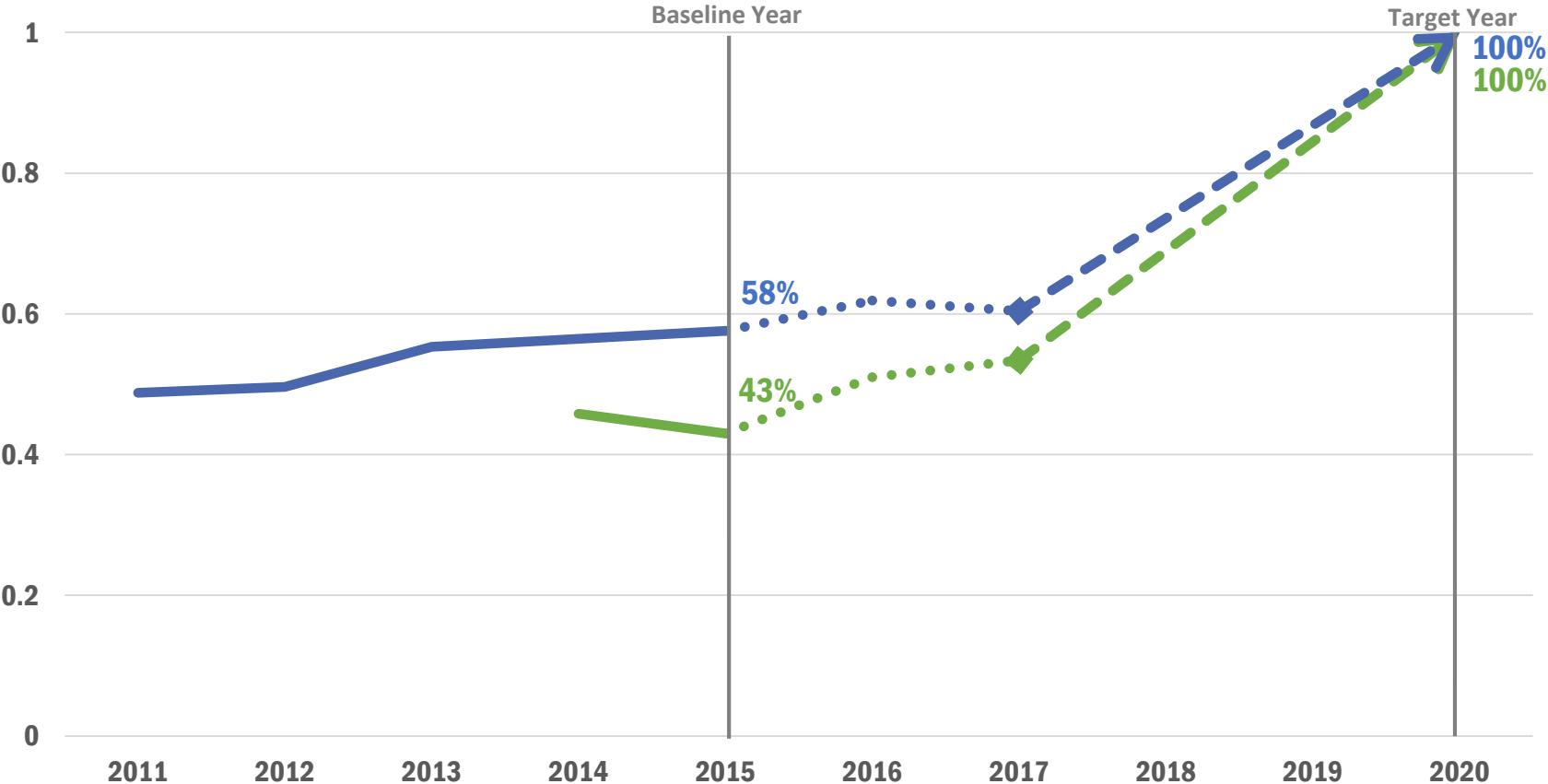
Results

As of December 2018,

193 behavioral health facilities across the state have reported having smokefree policies

75% of these sites offer on-site tobacco cessation services

Progress toward percent of state **mental health treatment facilities** and **substance use treatment facilities** screening for tobacco use.*



*Data not available on screening for tobacco use at state mental health treatment facilities prior to 2014

Next Steps

- ❑ Build on momentum from March 2019 webinar
- ❑ Develop MCO Partnerships
- ❑ Promote and implement smokefree policies
- ❑ Continue to regularly convene summit participants
- ❑ Complete state hospital case study

Thank you!

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