



Central East (HHS Region 3)

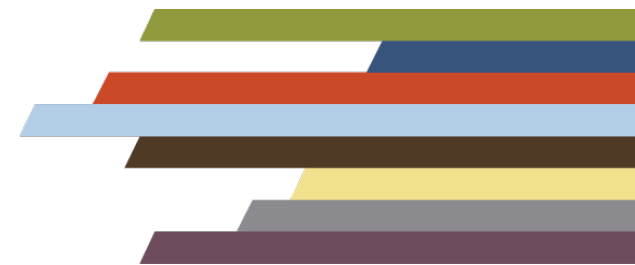
ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

A Role for Everyone in Addressing Substance Use Disorder

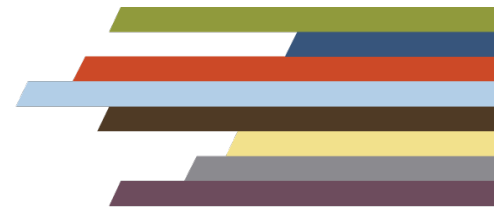
Holly Ireland

ATTC Co-Project Director



Goals for Today

- Understand the national trends in substance use disorders specifically and behavioral health in general
- Understand the prevalence in substance use disorder and behavioral health in Pennsylvania
- Identify effective strategies and opportunities for everyone in addressing substance use disorder
- Identify resources to support those strategies and opportunities



SAMHSA Strategic Plan FY2019 - FY2023

Five Priority Areas

1. Combating the Opioid Crisis through the Expansion of Prevention, Treatment, and Recovery Support Services
2. Addressing Serious Mental Illness and Serious Emotional Disturbances
3. Advancing Prevention, Treatment, and Recovery Support Services for Substance Use
4. Improving Data Collection, Analysis, Dissemination, and Program and Policy Evaluation
5. Strengthening Health Practitioner Training and Education

Substance Abuse and Mental Health
Services Administration

STRATEGIC PLAN FY2019 – FY2023



SAMHSA
Substance Abuse and Mental Health
Services Administration



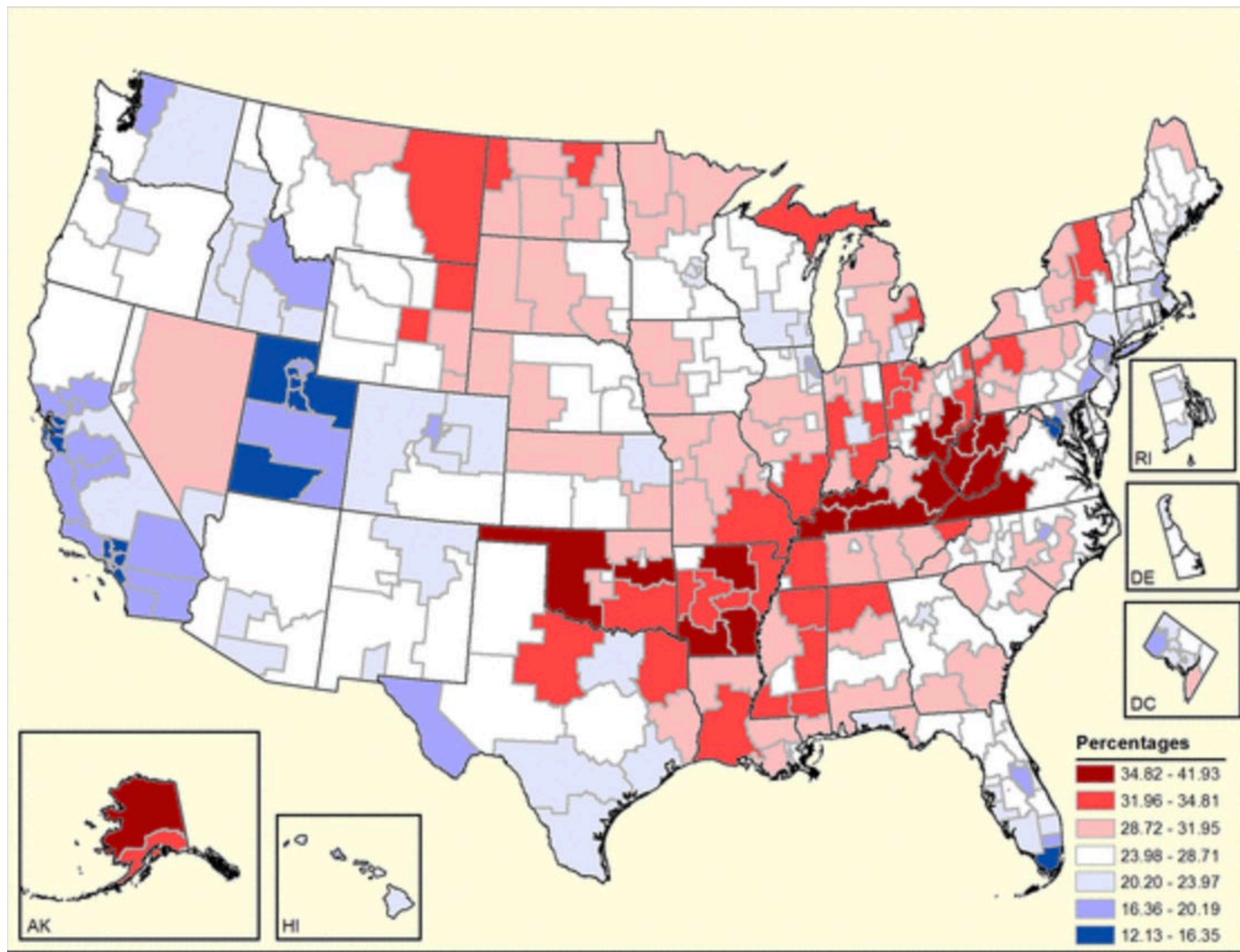
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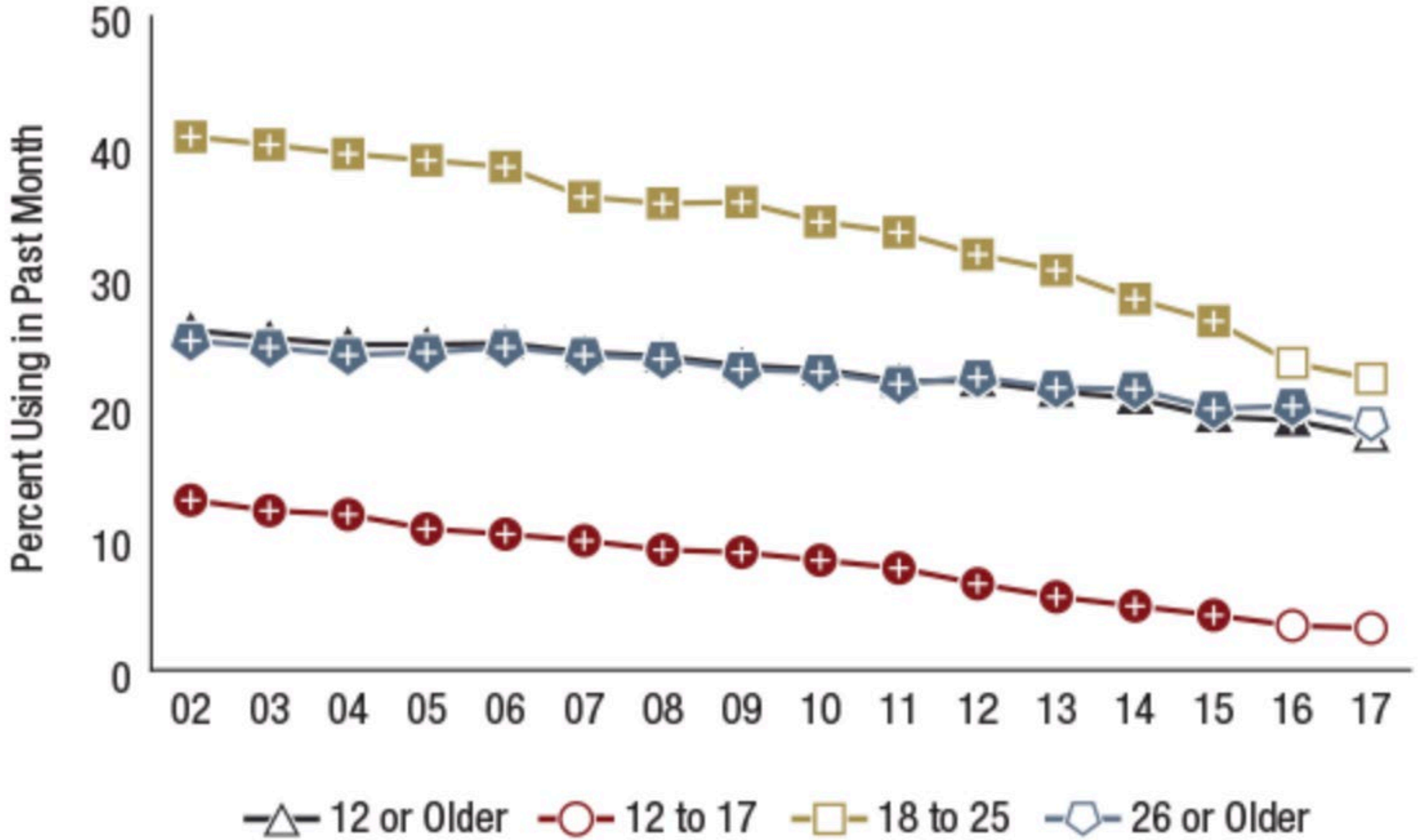


National Survey on Drug Use and Health

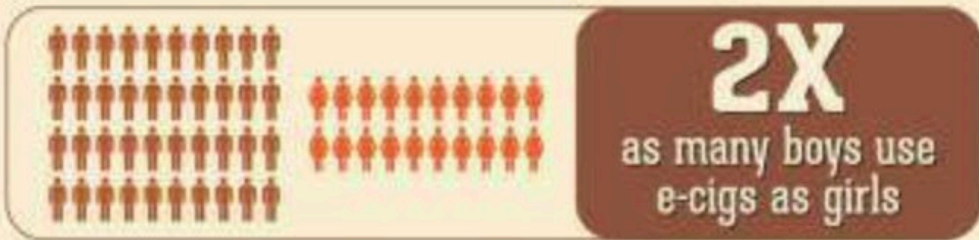
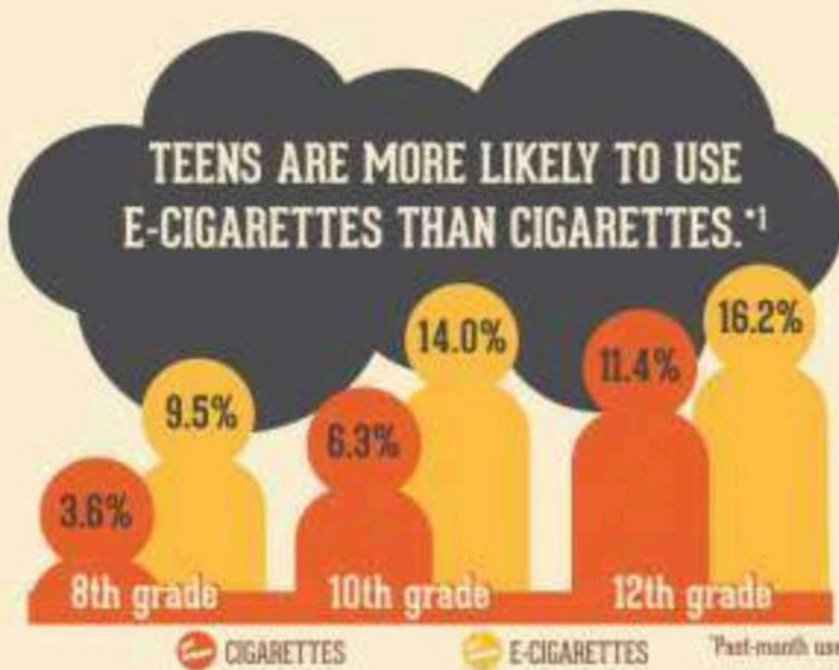
Tobacco Product Use in the Past Month among Individuals Aged 12 or Older, by Substate Region: Percentages, Annual Averages Based on 2014, 2015, and 2016 NSDUHs



Past Month Cigarette Use among People Aged 12 or Older, by Age Group: Percentages, 2002-2017

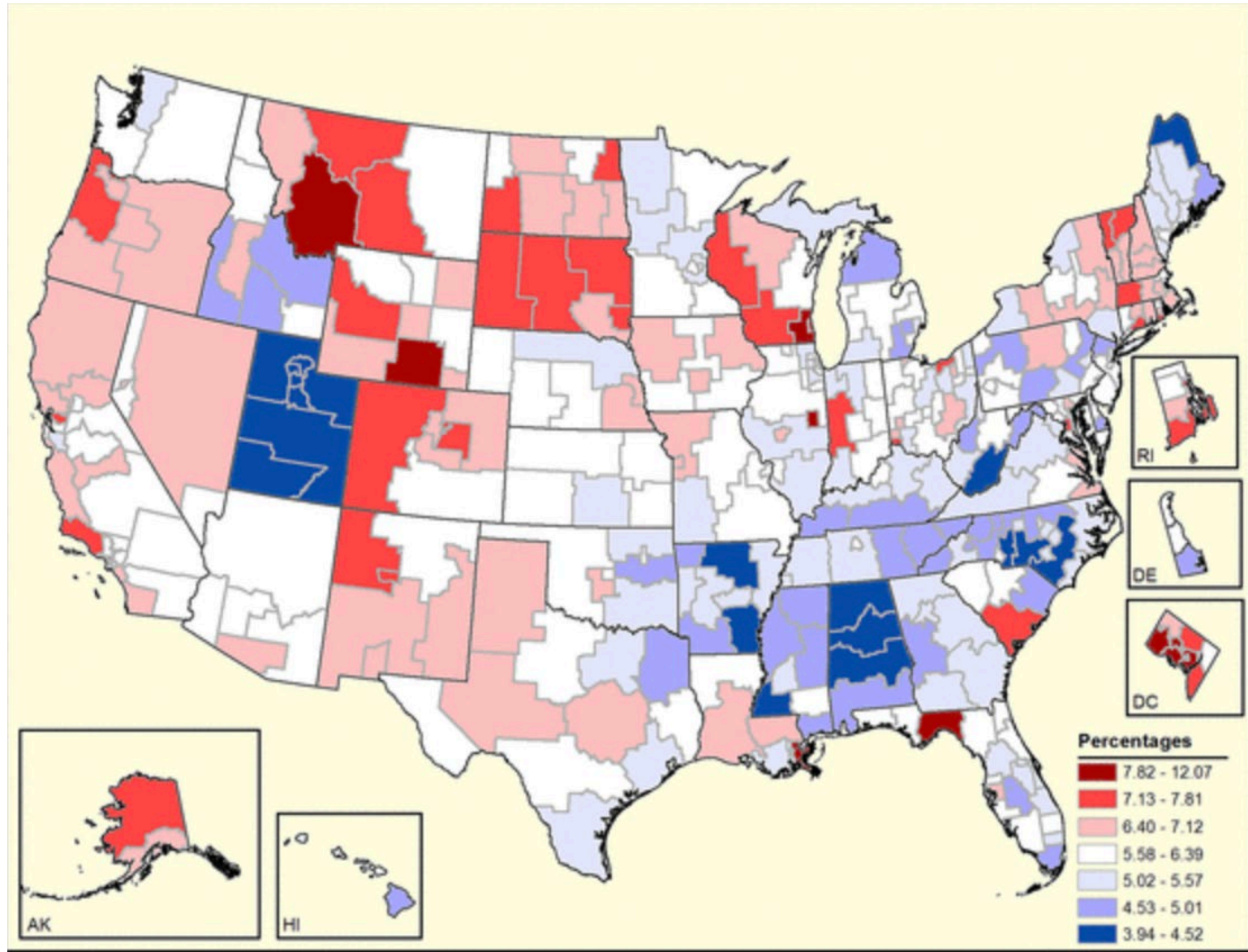


Teens and E-cigarettes

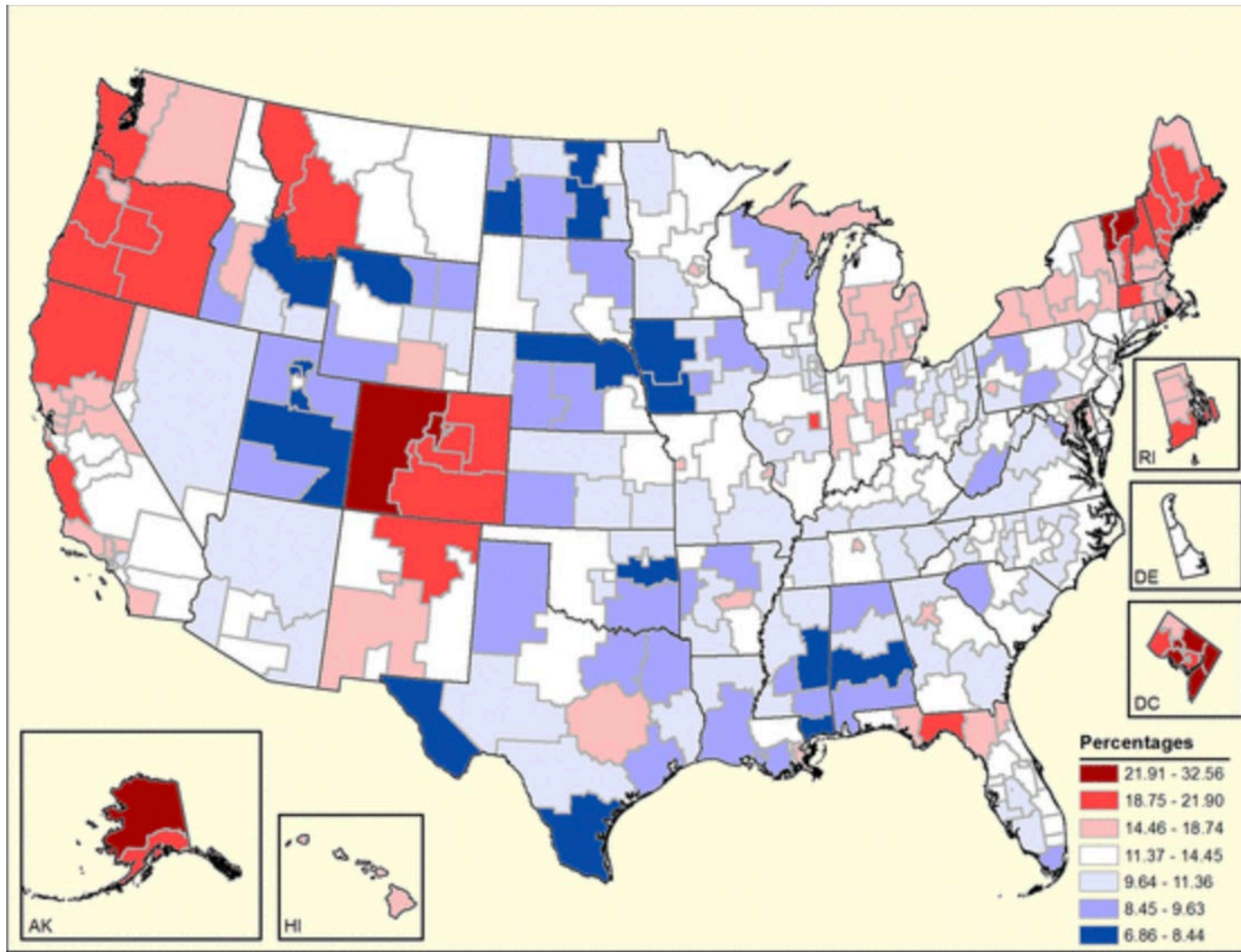


Source:
National Institute on Drug Abuse;
NIH, HHS

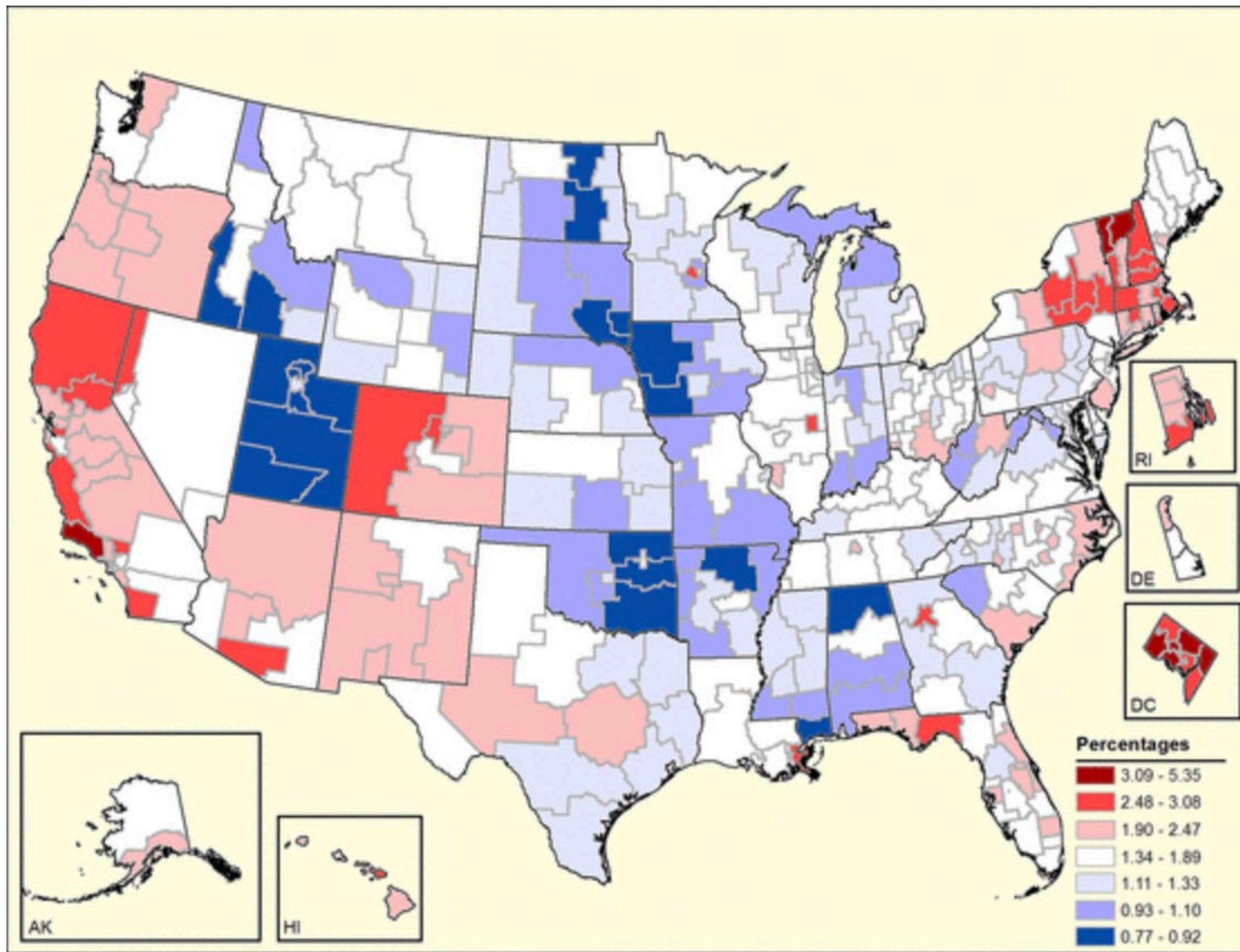
Alcohol Use Disorder in the Past Year among Individuals Aged 12 or Older, by Substate Region: Percentages, Annual Averages Based on 2014, 2015, and 2016 NSDUHs



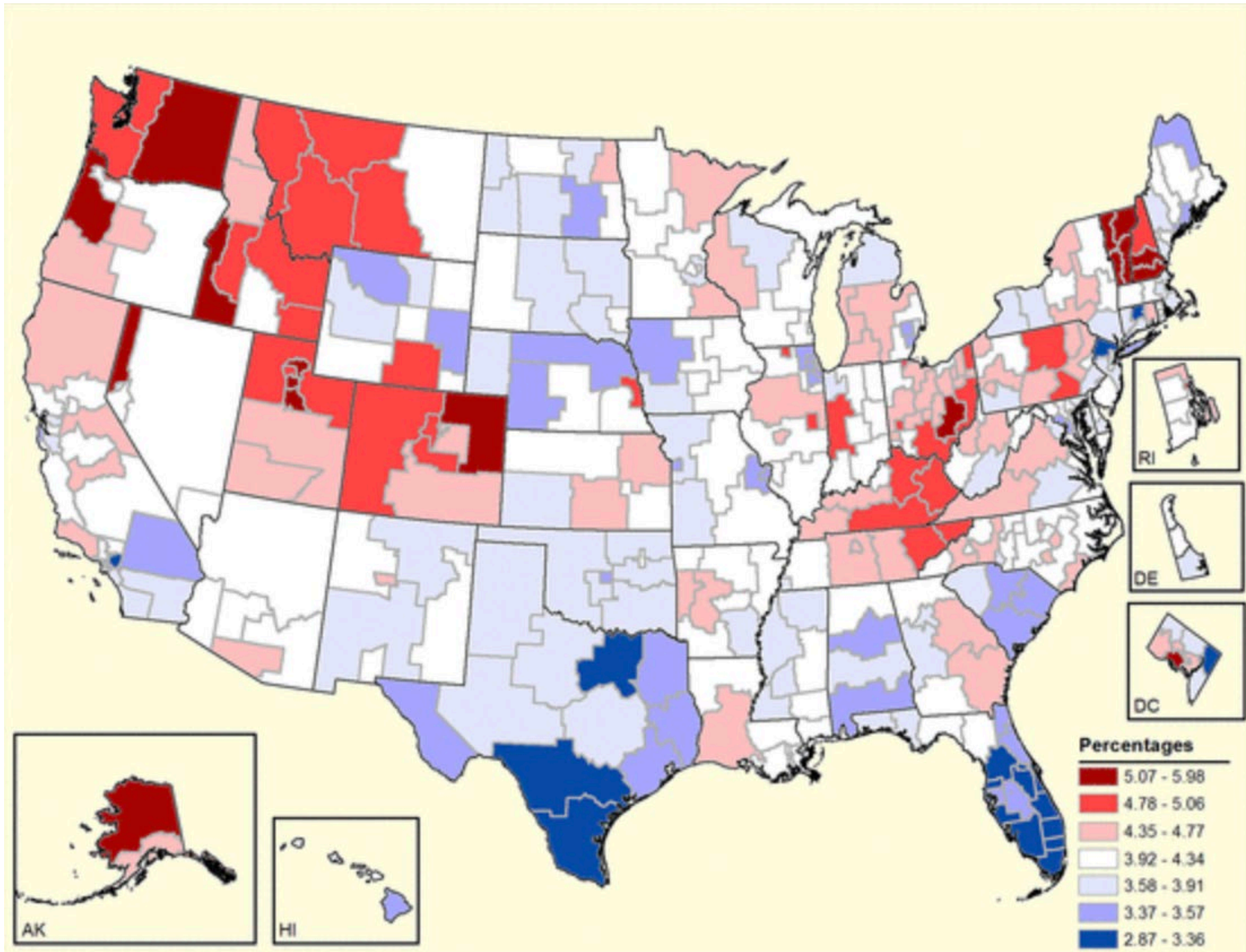
Marijuana Use in the Past Year among Individuals Aged 12 or Older, by Substate Region: Percentages, Annual Averages Based on 2014, 2015, and 2016 NSDUHs



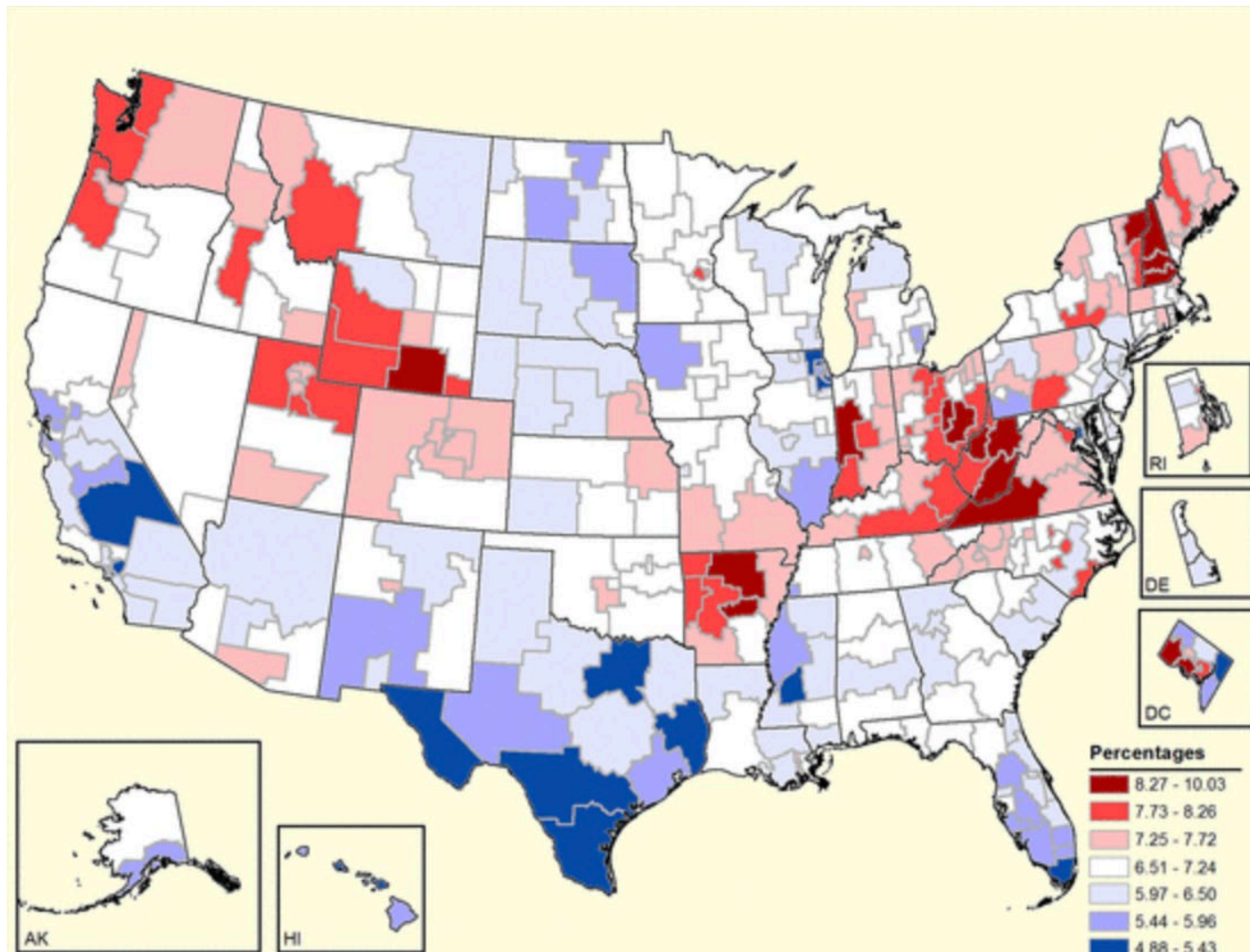
Cocaine Use in the Past Year among Individuals Aged 12 or Older, by Substate Region: Percentages, Annual Averages Based on 2014, 2015, and 2016 NSDUHs



Had Serious Thoughts of Suicide in the Past Year among Adults Aged 18 or Older, by Substate Region: Percentages, Annual Averages Based on 2014, 2015, and 2016 NSDUHs

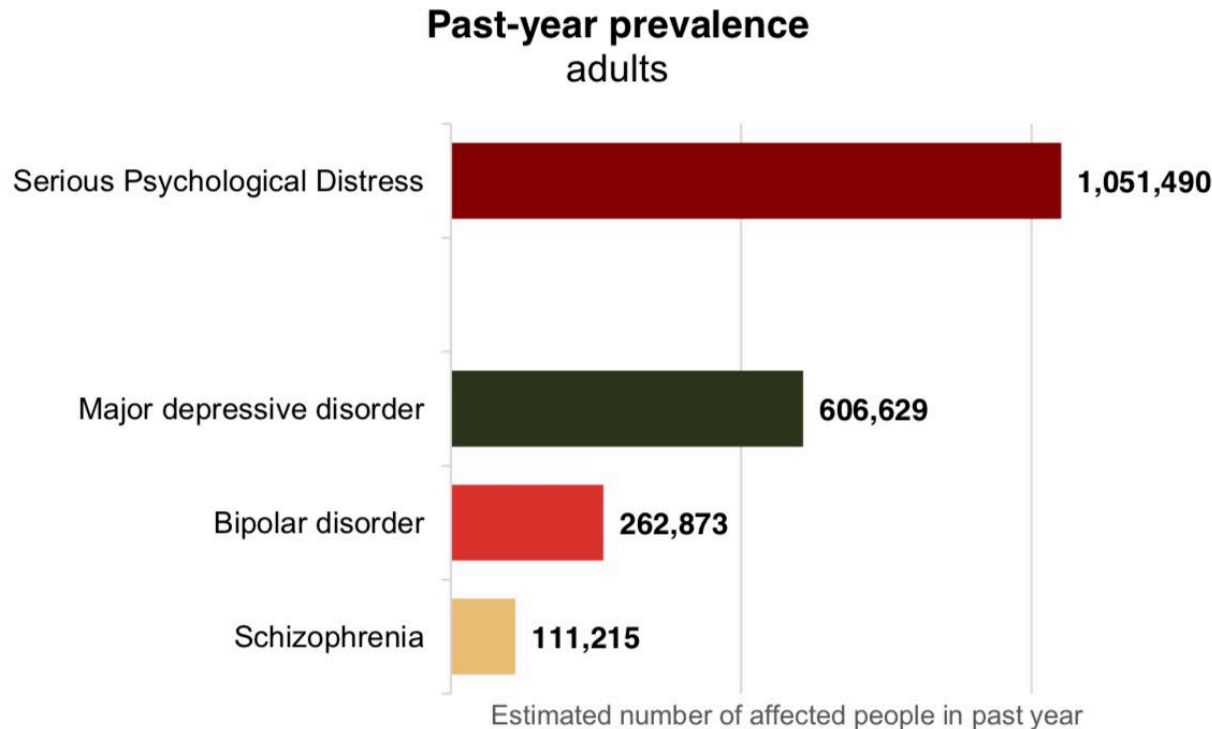


Major Depressive Episode in the Past Year among Adults Aged 18 or Older, by Substate Region: Percentages, Annual Averages Based on 2014, 2015, and 2016 NSDUHs



Estimated number of people living with mental illness

PENNSYLVANIA 2015



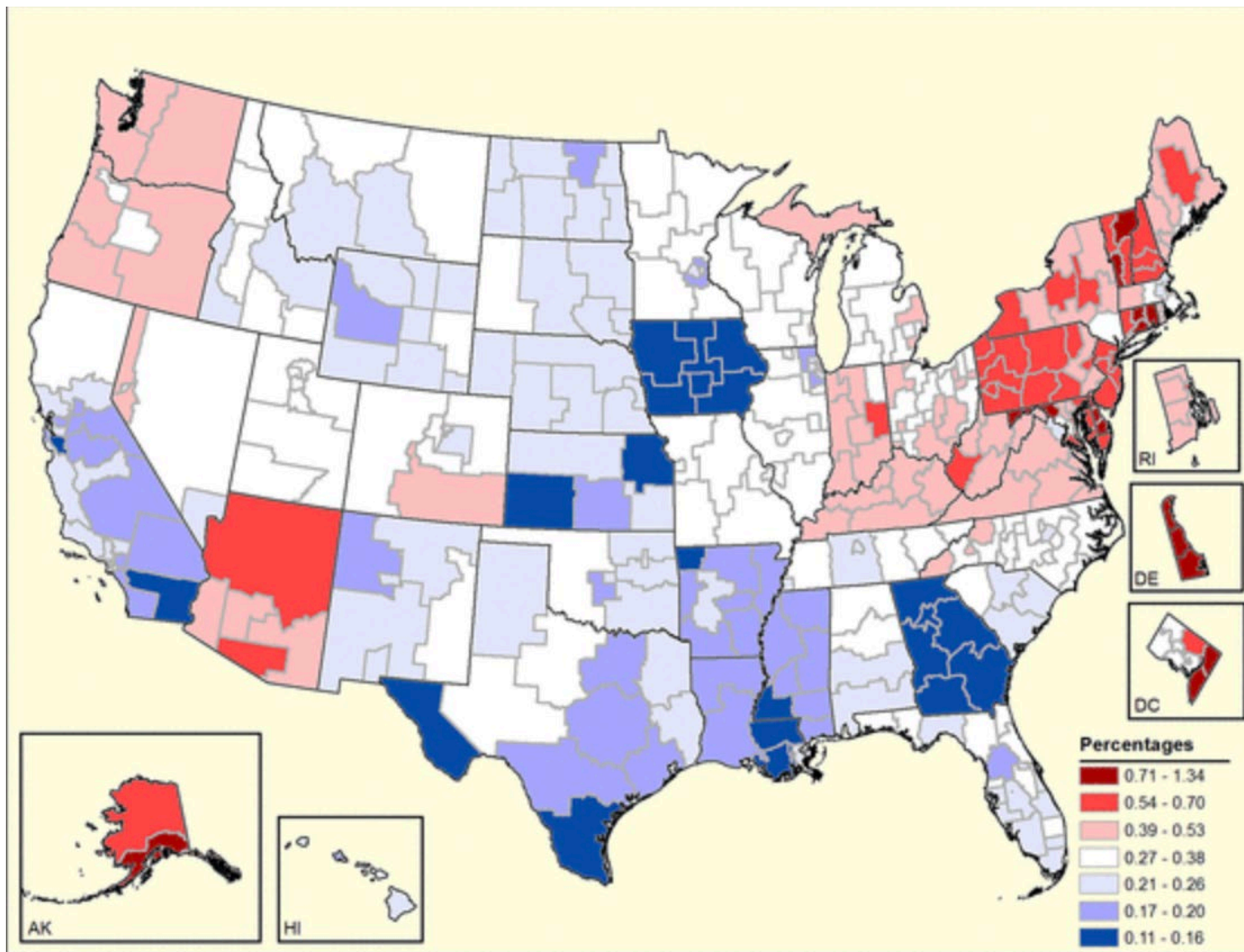
We estimate that more than one million adults in Pennsylvania experienced Serious Psychological Distress in the past 12 months.

Note that a patient can receive multiple diagnoses of a serious mental illness due to a high degree of overlap between the mental health conditions.

Source: National Institutes of Mental Health, National Survey on Drug Use and Health (NSDUH) 2015, and NSDUH-MHSS 2008-2012.

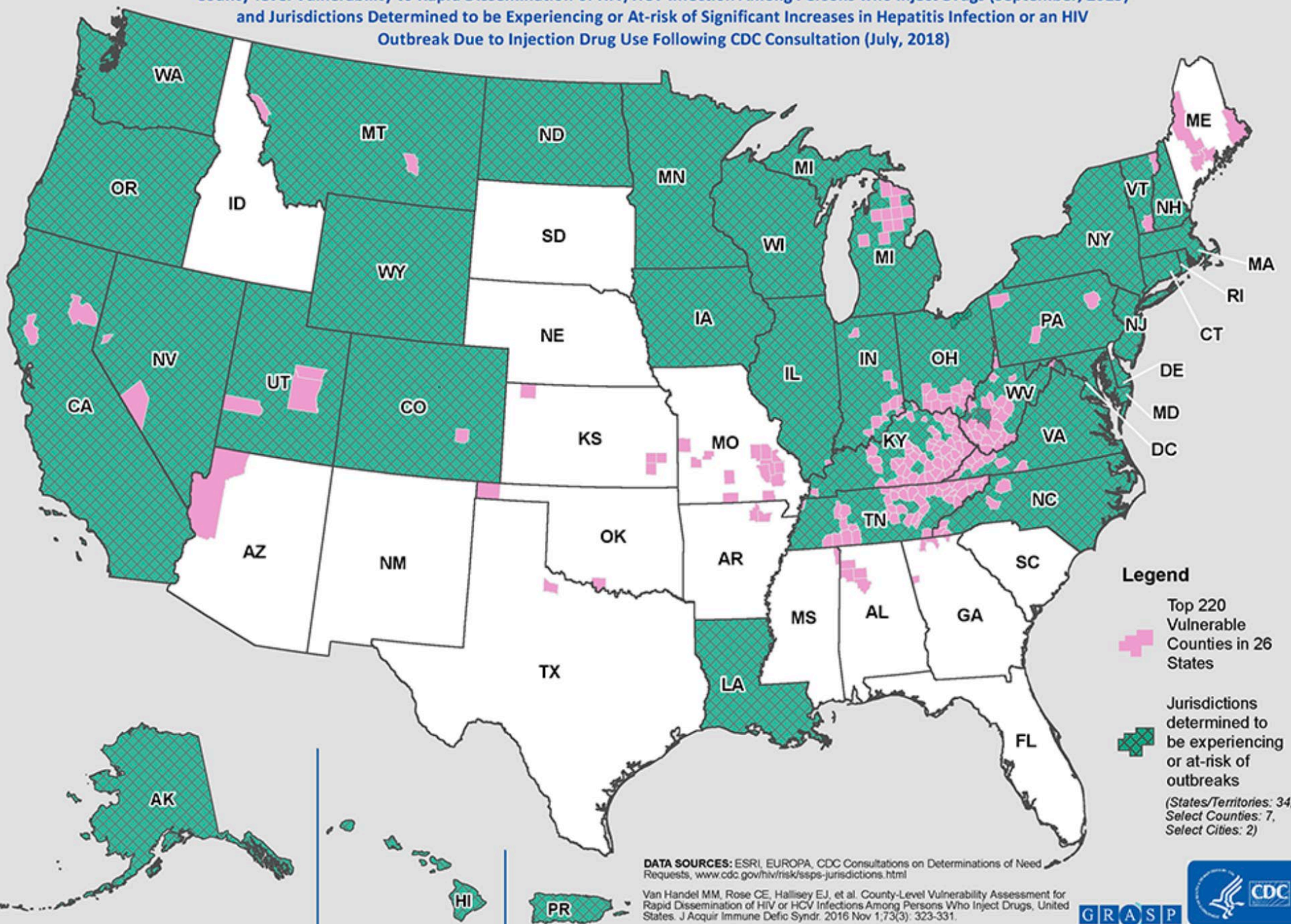
Estimate of # of people affected using total state population of 10,110,483 adults (18 years and over), Census Bureau data (2015)

Heroin Use in the Past Year among Individuals Aged 12 or Older, by Substate Region: Percentages, Annual Averages Based on 2014, 2015, and 2016 NSDUHs



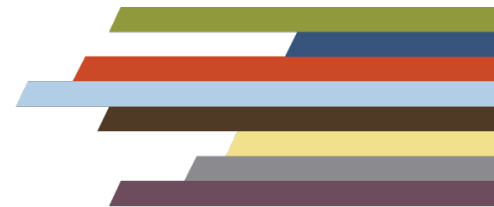
Vulnerable Counties and Jurisdictions Experiencing or At-Risk of Outbreaks

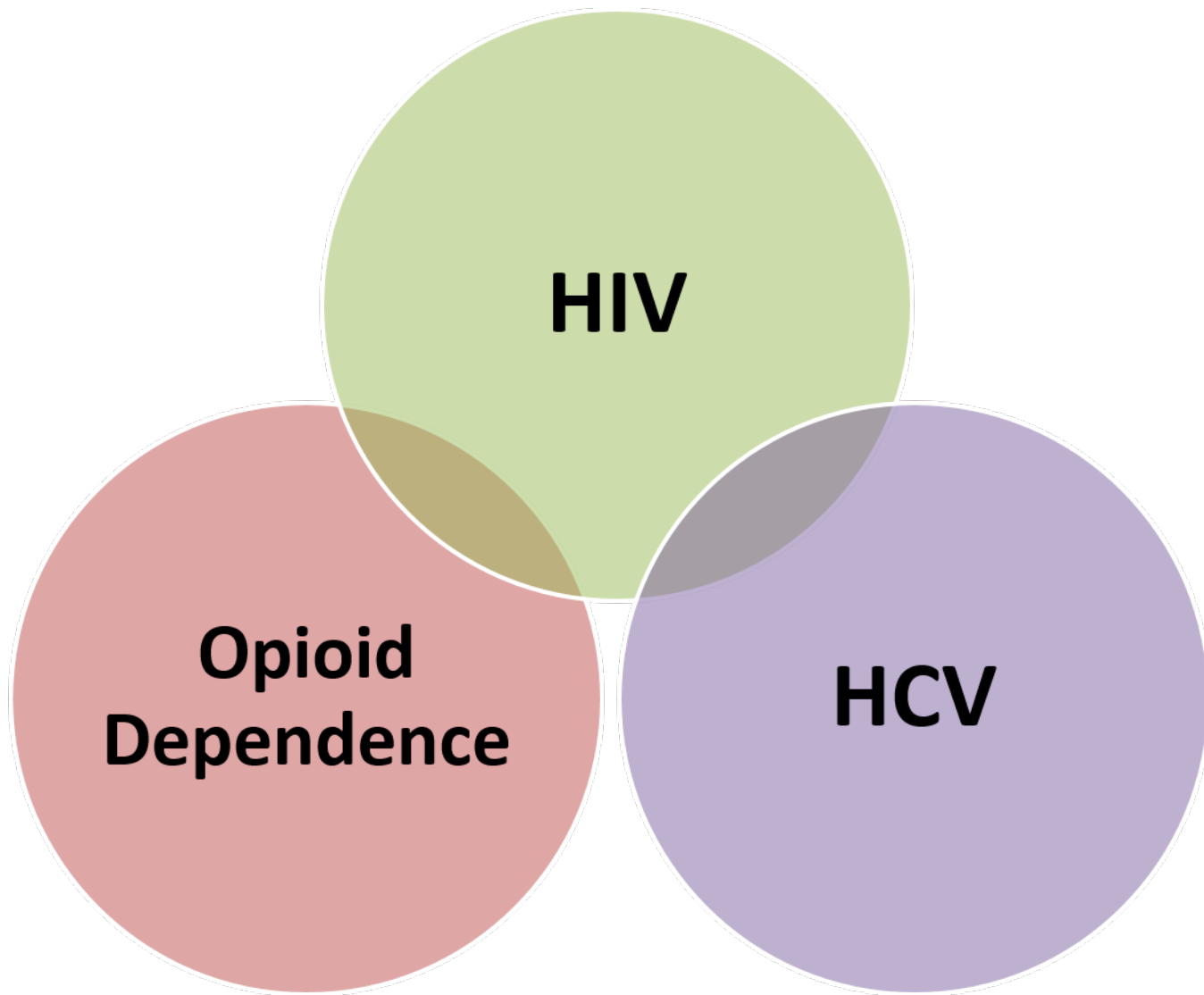
County-level Vulnerability to Rapid Dissemination of HIV/HCV Infection Among Persons who Inject Drugs (September, 2015)
and Jurisdictions Determined to be Experiencing or At-risk of Significant Increases in Hepatitis Infection or an HIV
Outbreak Due to Injection Drug Use Following CDC Consultation (July, 2018)



Health Impact

- Opioid related hospital admissions increased by 58% over the past decade
- Hospitalizations for serious infections quadrupled in the last 10 years at an added cost of \$15 billion to the health care system
- HCV infections tripled between 2010 and 2015
- HIV infections among PWID increase by 4% between 2014 and 2015





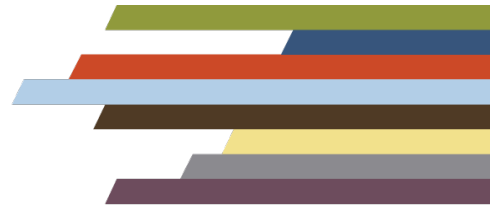
Syndemic Conditions

Significant Impact

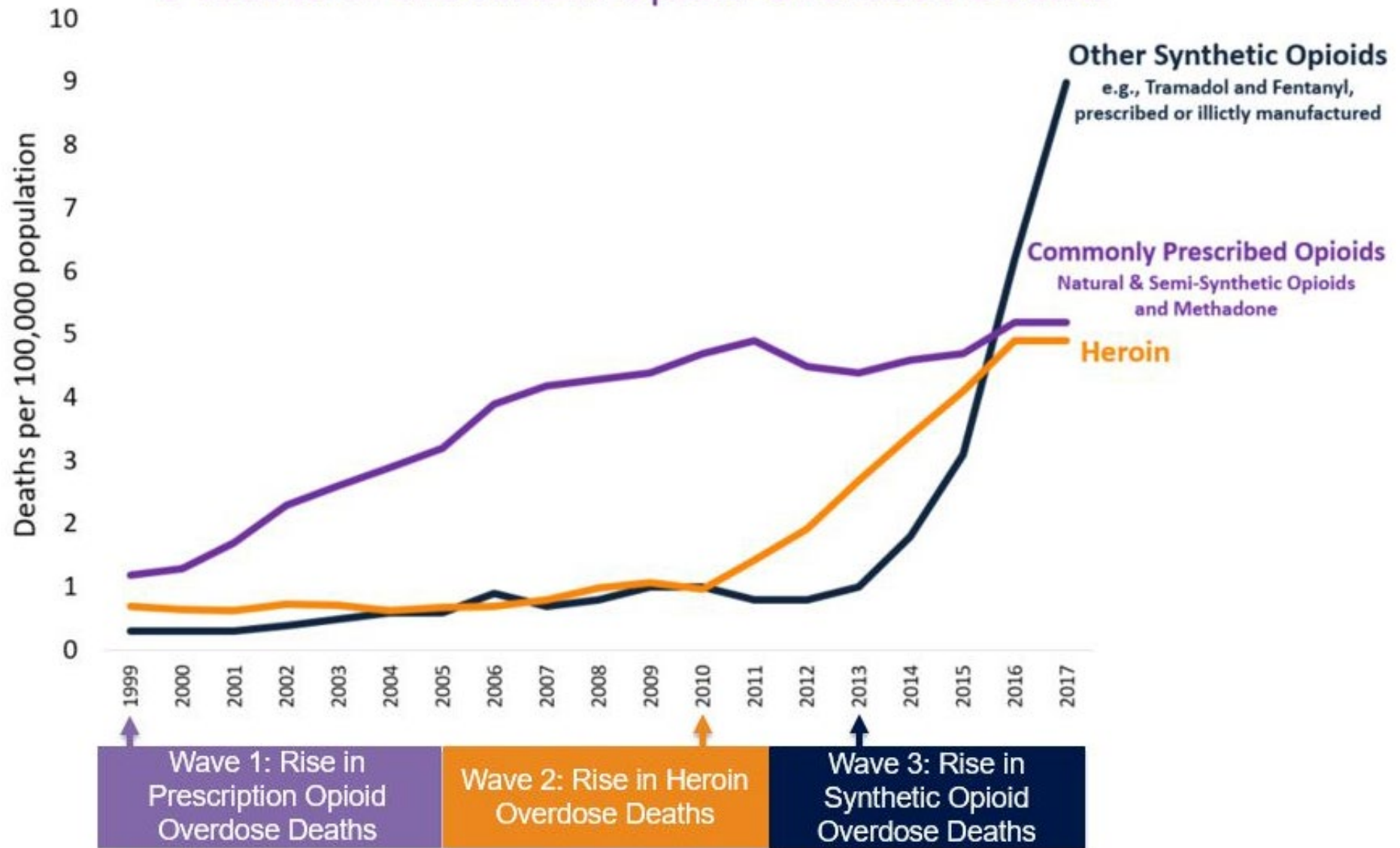


The U.S. has a serious substance misuse problem and is facing an unprecedented opioid epidemic.

Most Americans know someone with a substance use disorder, and many know someone who has lost or nearly lost a family member or friend to addiction.



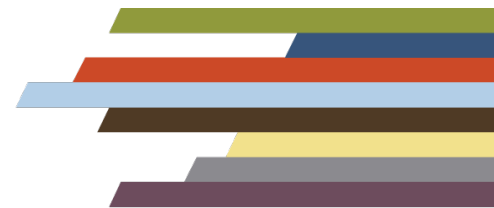
3 Waves of the Rise in Opioid Overdose Deaths



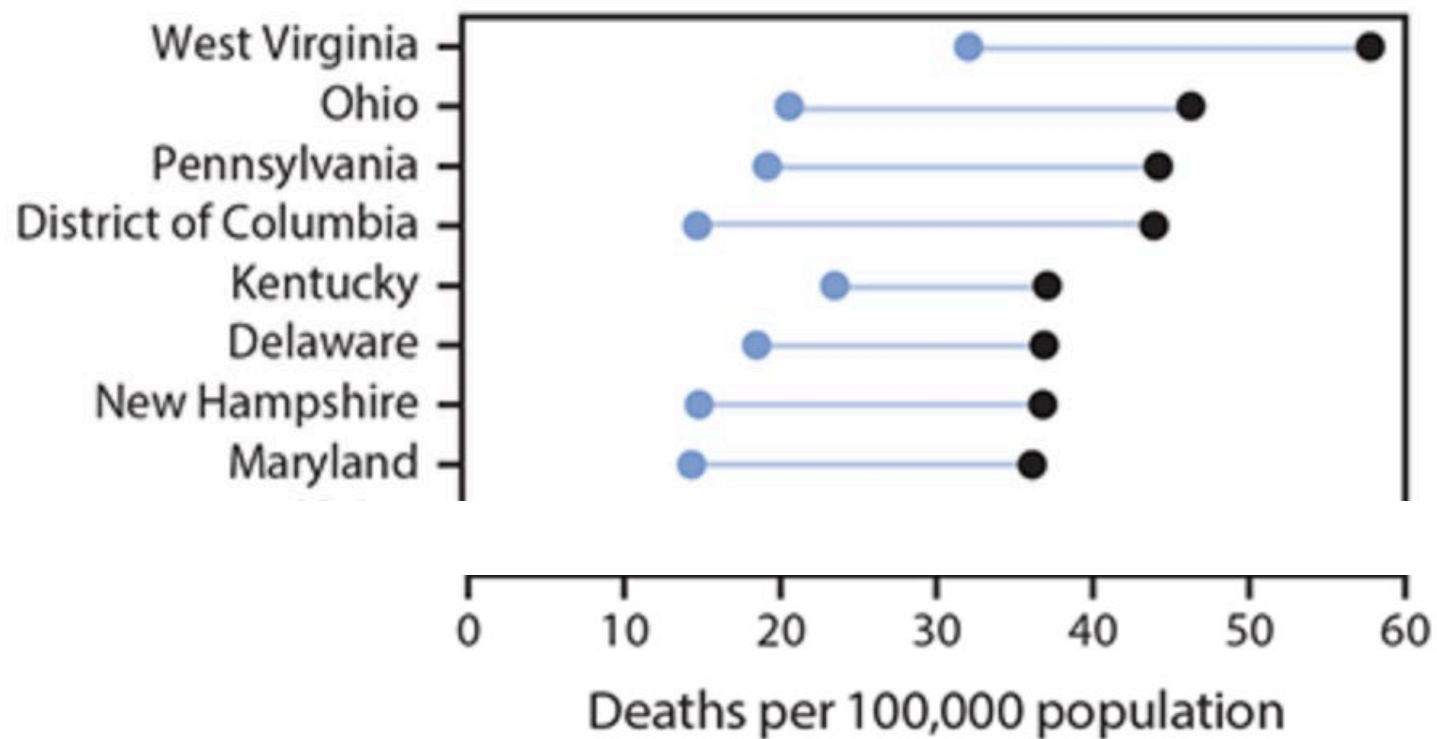
SOURCE: National Vital Statistics System Mortality File.

2017 Overdose Deaths *cont...*

- Highest heroin involved OD deaths per 100,000: **D.C. (18.0)**, West Virginia (**14.9**) and Connecticut (**12.4**)
- Virginia had the largest relative increase in heroin involved overdoses: **21.8%**
- The overdose epidemic continues to worsen and evolve with the involvement of many types of drugs including and increases in:
 - **Cocaine**
 - **Methamphetamines**

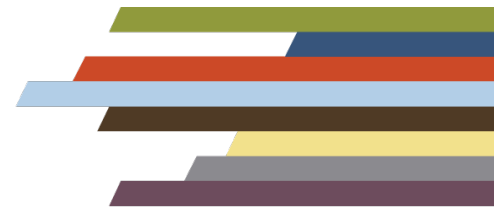


Age-adjusted rate of drug overdose deaths by state, 2013 and 2017



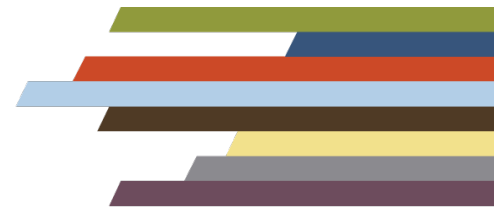
Compounding Factors

- Changing drug supply
 - **Synthetic opioids/IMF**
- Changing economics
 - Drugs are relatively cheap
- Prescribing patterns
 - Overprescribing
- Underutilization of treatment
 - 80% are not accessing



In Summary

- From 1999-2017, more than 700,000 people have died from a drug overdose
- 68% of the 70,200 deaths in 2017 involved an opioid – 6 times higher than in 1999
- On average, 130 Americans die every day from an opioid overdose
- One death every 12.5 minutes



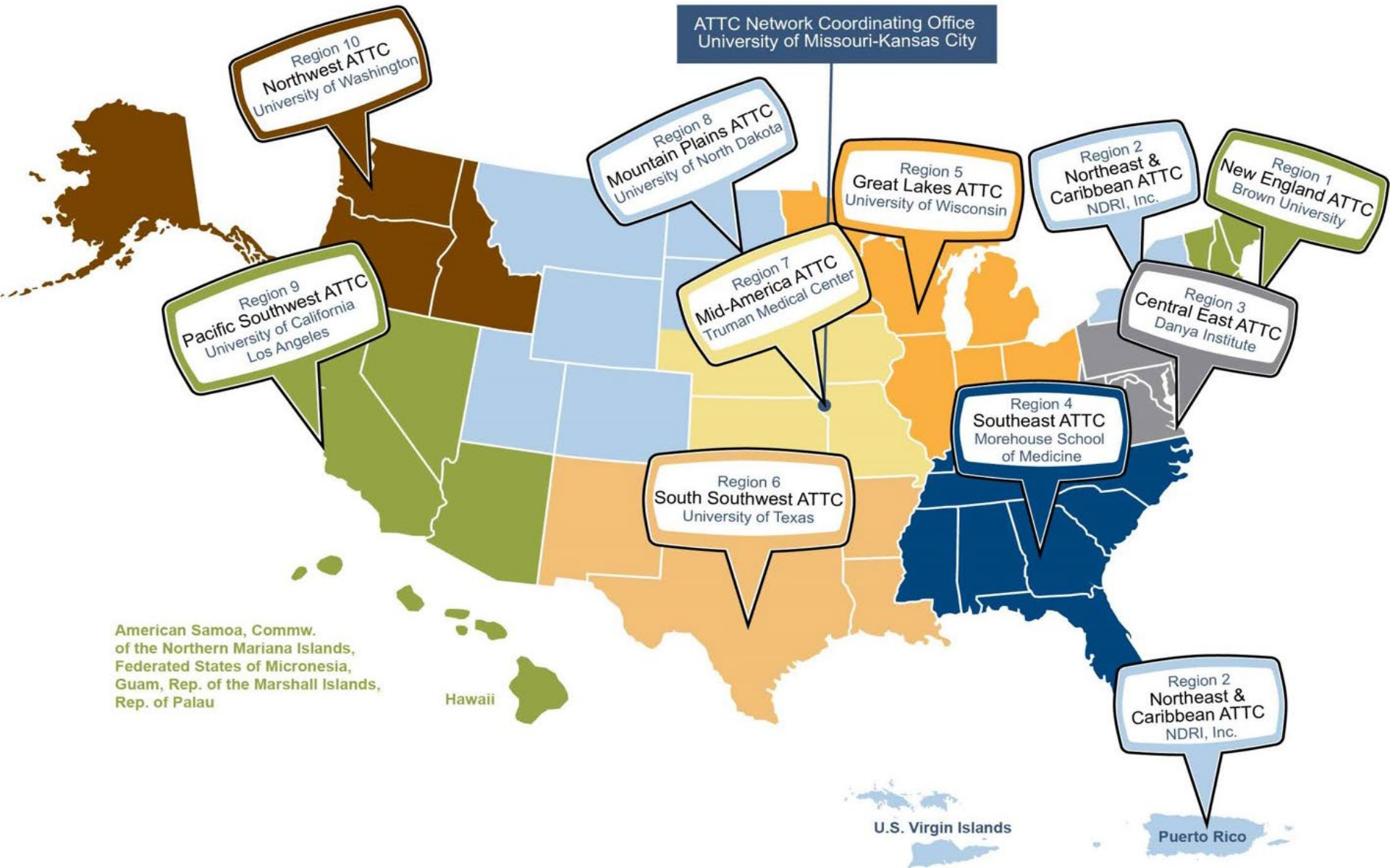
Substance Use Is



A Public Health Problem



ATTC Network

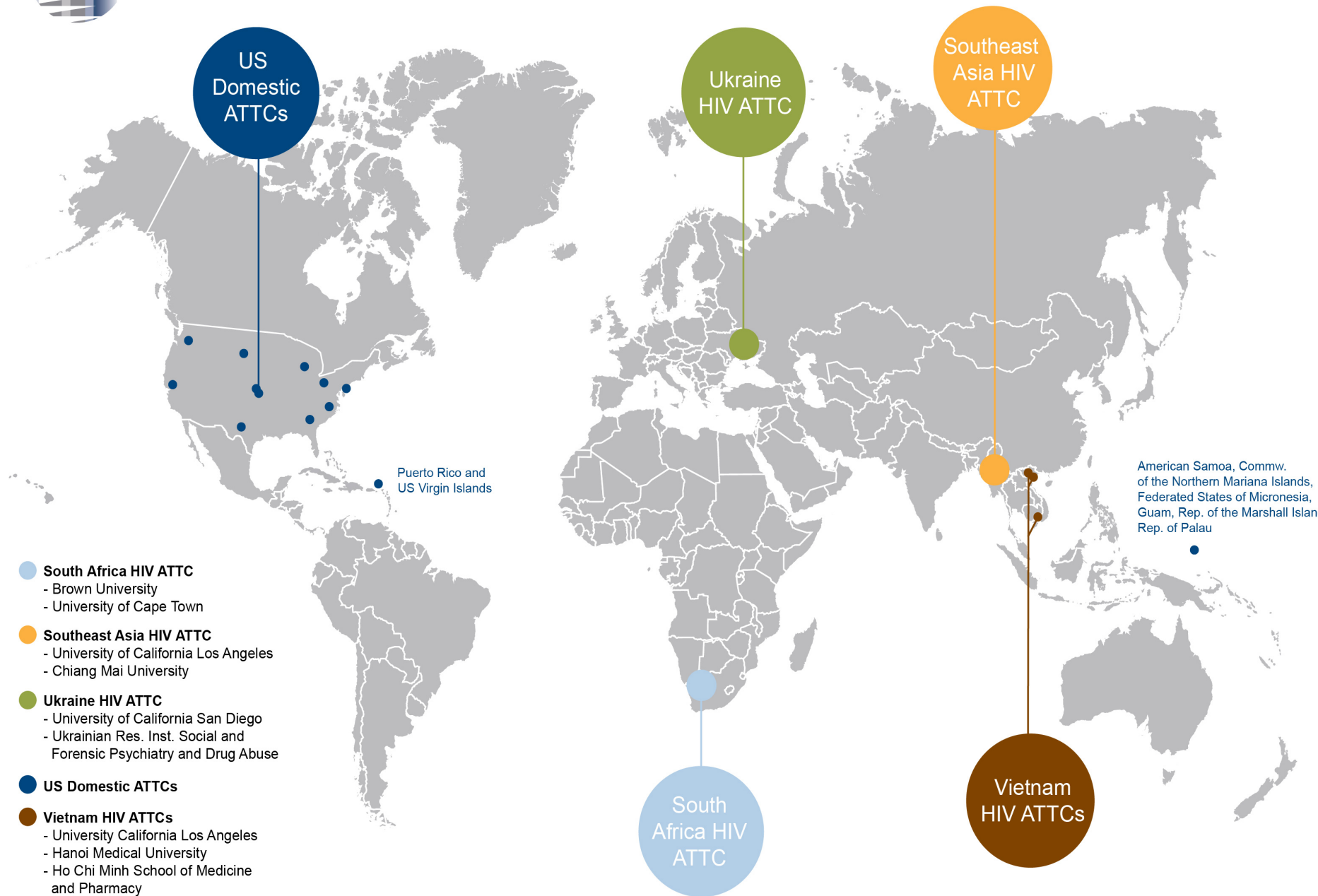




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International ATTC Network



US Domestic ATTCs

Ukraine HIV ATTC

Southeast Asia HIV ATTC

South Africa HIV ATTC

Vietnam HIV ATTCs

- South Africa HIV ATTC**
 - Brown University
 - University of Cape Town
- Southeast Asia HIV ATTC**
 - University of California Los Angeles
 - Chiang Mai University
- Ukraine HIV ATTC**
 - University of California San Diego
 - Ukrainian Res. Inst. Social and Forensic Psychiatry and Drug Abuse
- US Domestic ATTCs**
- Vietnam HIV ATTCs**
 - University California Los Angeles
 - Hanoi Medical University
 - Ho Chi Minh School of Medicine and Pharmacy
 - Vietnam University of Labor and Social Affairs

Puerto Rico and US Virgin Islands

American Samoa, Commw. of the Northern Mariana Islands, Federated States of Micronesia, Guam, Rep. of the Marshall Islands, Rep. of Palau



ATTC

25 YEARS
innovation.impact

TTC

Technology Transfer Centers

Funded by Substance Abuse and Mental Health Services Administration



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Central East (HHS Region 3)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



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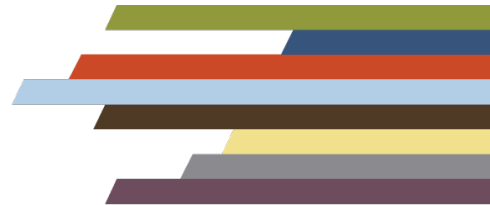
PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

TTCs

Funded by SAMHSA

- **Accelerate** the adoption and implementation of evidence-based and promising addiction treatment and recovery-oriented practices and services;
- **Heighten** the awareness, knowledge, and skills of the workforce that addresses the needs of people and substance use and/or other behavioral health disorders;
- **Foster regional** and national alliances among culturally diverse practitioners, researchers, policy makers, funders, and the recovery community.
- **Ensure** the availability and delivery of publicly available, free of charge, training and technical assistance to the behavioral and mental health field



Each TTC National Network includes 13 centers



Network Coordinating Office

National American Indian and Alaska
Native Center

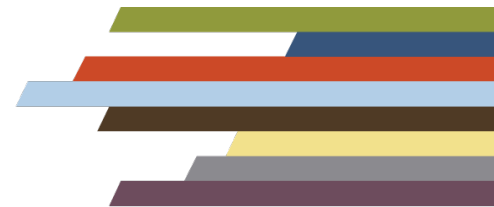
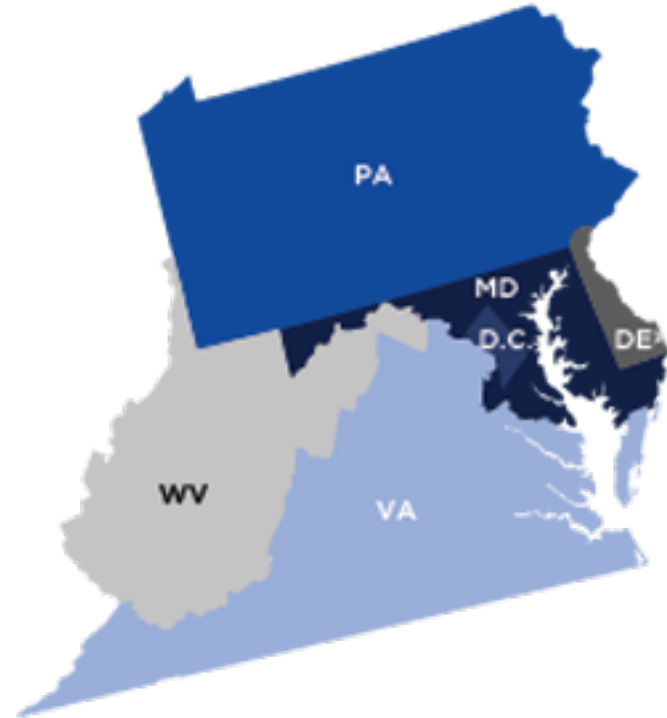
National Hispanic and Latino Center

10 Regional Centers (aligned with HHS
regions)

Central East Region

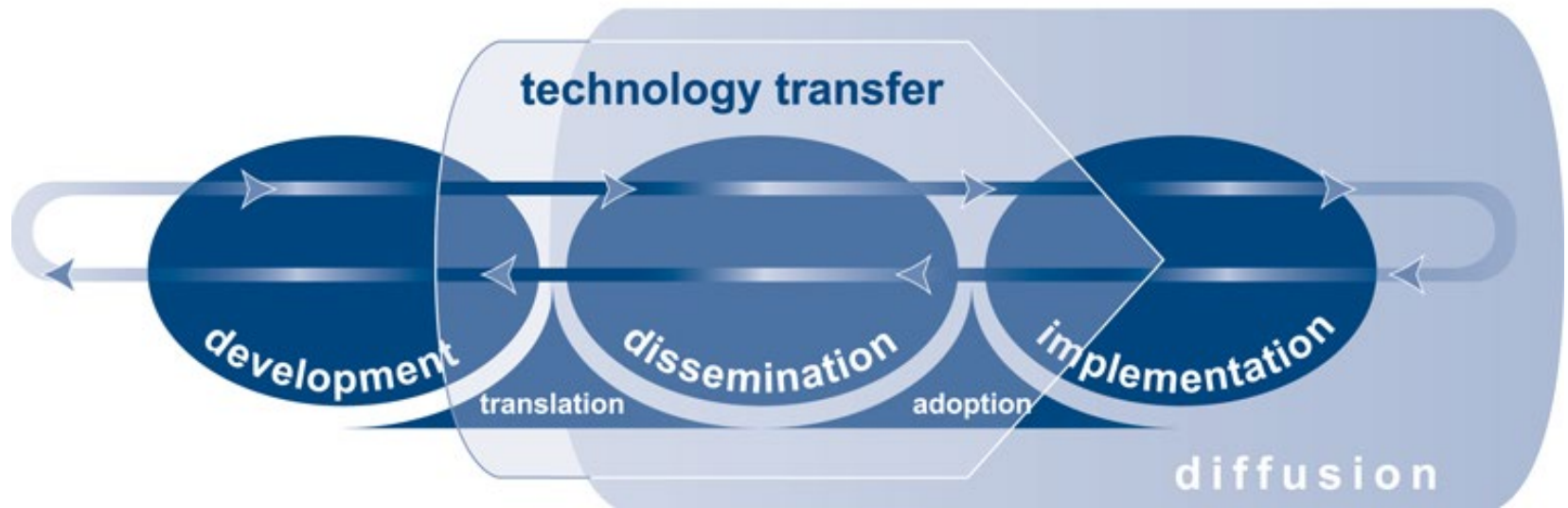
HHS REGION 3

Delaware
District of Columbia
Maryland
Pennsylvania
Virginia
West Virginia



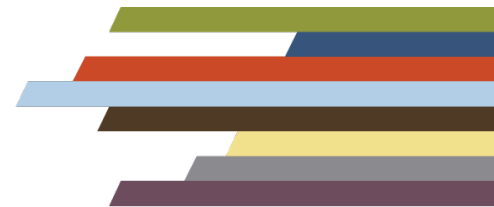
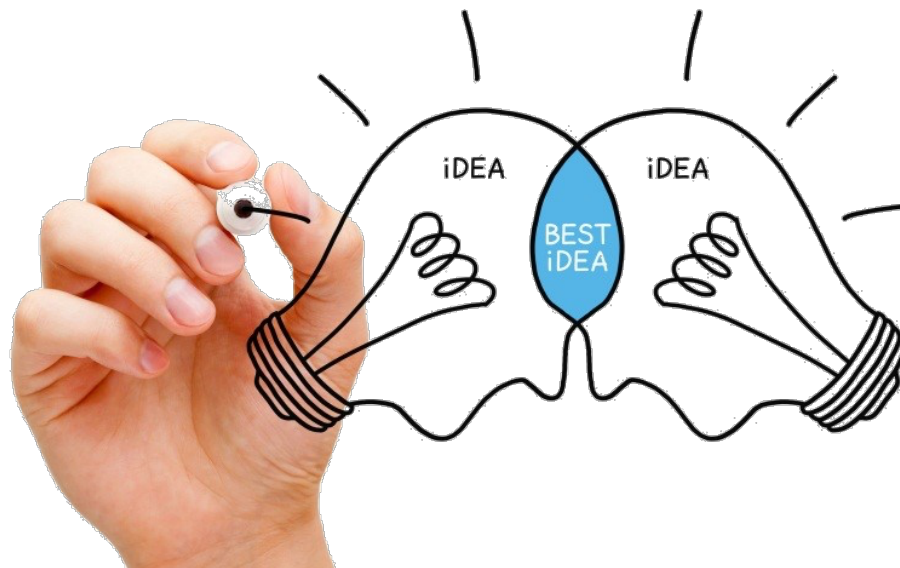
Technology Transfer

Technology transfer is accelerating the adoption and implementation of evidence-based practices through training and technical assistance.



Type of T/TA Offered

- Skill-based training: In-person and Virtual
- Targeted and intensive technical assistance
- Learning collaboratives
- On-line courses, toolkits, virtual meetings, and technology driven models



Central East Focus Areas



Central East (HHS Region 3)

ATTC

- Opioid Crisis
- Evidence-based Practices (EBPs)
 - Motivational Interviewing
 - SBIRT
 - Clinical Supervision
 - Medication Assisted Treatment (MAT)
- Peer Workforce
- Tobacco Cessation: Vaping



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MHTTC

- Suicide Prevention
- Evidenced-based Practices in prevention treatment and recovery support
- Cultural and linguistic competencies
- Smoking Cessation
- Systems Integrations (internal and external)
- Evidenced-based School-based Mental Health services



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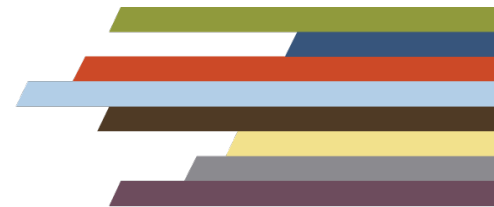
PTTC

- Engaging and Collaborating with Primary Care Providers for Substance Use Prevention
- Suicide Prevention
- Evidenced-based Practices in prevention treatment



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Central East TTC Eligibility

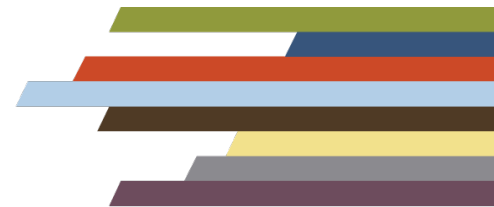
Behavioral health and primary care providers, consumers, families, state and local mental health systems and other stakeholders.

**Consistent with
Regional, State
and Local Needs**

No Cost

Data Driven

**EBPs Provided
by Subject Matter
Experts**



The use of affirming language inspires hope and advances recovery.

LANGUAGE MATTERS.

Words have power.



PEOPLE FIRST.



The ATTC Network uses affirming language to promote the promises of recovery by advancing evidence-based and culturally informed practices.

Cultural Competence

A set of practice skills, congruent behaviors, attitudes, and policies that come together in a system, or among professionals to work effectively in cross cultural situations.

STRIVING FOR HEALTH EQUITY



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Trauma-Informed Care

A Trauma-Informed Approach, often referred to as trauma-informed care (TIC), is a promising model for organizational change in health, behavioral health, and other settings that promotes resilience in staff and patients.

SAMHSA's 6 Key Principles

SAFETY

Prevents violence across the lifespan and creates safe physical environments.

TRUSTWORTHINESS

Fosters positive relationships among residents, City Hall, police, schools and others.

EMPOWERMENT

Ensures opportunities for growth are available for all.

COLLABORATION

Promotes involvement of residents and partnership among agencies.

PEER SUPPORT

Engages residents to work together on issues of common concern.

HISTORY, GENDER, CULTURE

Values and supports history, culture and diversity.



Opioid Response Network



Opioid
Response
Network
STR-TA

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[Lessons Learned](#)

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and Training
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Changing Communities Through Change in Practice™

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Early Serious Mental Illness Treatment Locations

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3 Events

Leaders

The Dialogue

THE DANYA INSTITUTE
Addiction: ATTC | Mental Health: MHTTC | Prevention: PTTC | Opioid: STR-TA
HHS Region 3: Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, West Virginia
February 2019

In this issue...

Health Check
African American History Month
Feb 7 - National Black HIV/AIDS Awareness Day #NBHAAD
Feb 10-16 - Children of Addiction Awareness Week
Feb 18-22 - Through with Chew Week
Additional observances

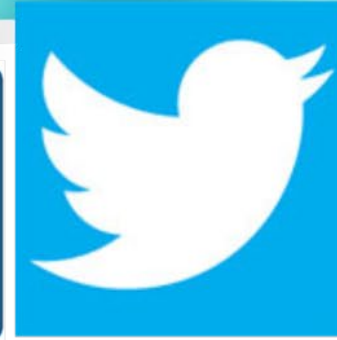


Alcohol and African American Children

Children of Addiction Awareness Week, February 10-16, aims to raise awareness and offer hope to vulnerable youth impacted by parental substance use. Children are defined by their environment, and the atmosphere of the home and community is lacking in many African American households. Children raised in single-parent households, and children of adult who present with symptoms indicative of psychosomatic pain, musculoskeletal pain, or fatigue. African American children who reside in single-parent households, and children of substance misuse are at serious risk of abuse, neglect, and trauma (NGBI).

WAYS TO EMPOWER CHILDREN TO HEAL

WEBINAR



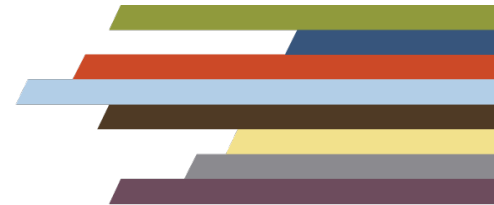
Resources

To view other resources discussed in this training presentation:

- QR code



- Url: <https://goo.gl/XJLVo8>



Contact Us



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MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

***Oscar Morgan*, MHTTC Project Director**
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Central East (HHS Region 3)

PTTC

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