

Pennsylvania Public and Community Health Conference

April 2, 2019



LANCASTER COUNTY
JOINING FORCES

Coordinating efforts to reduce deaths from opioids and heroin

www.LancasterJoiningForces.org

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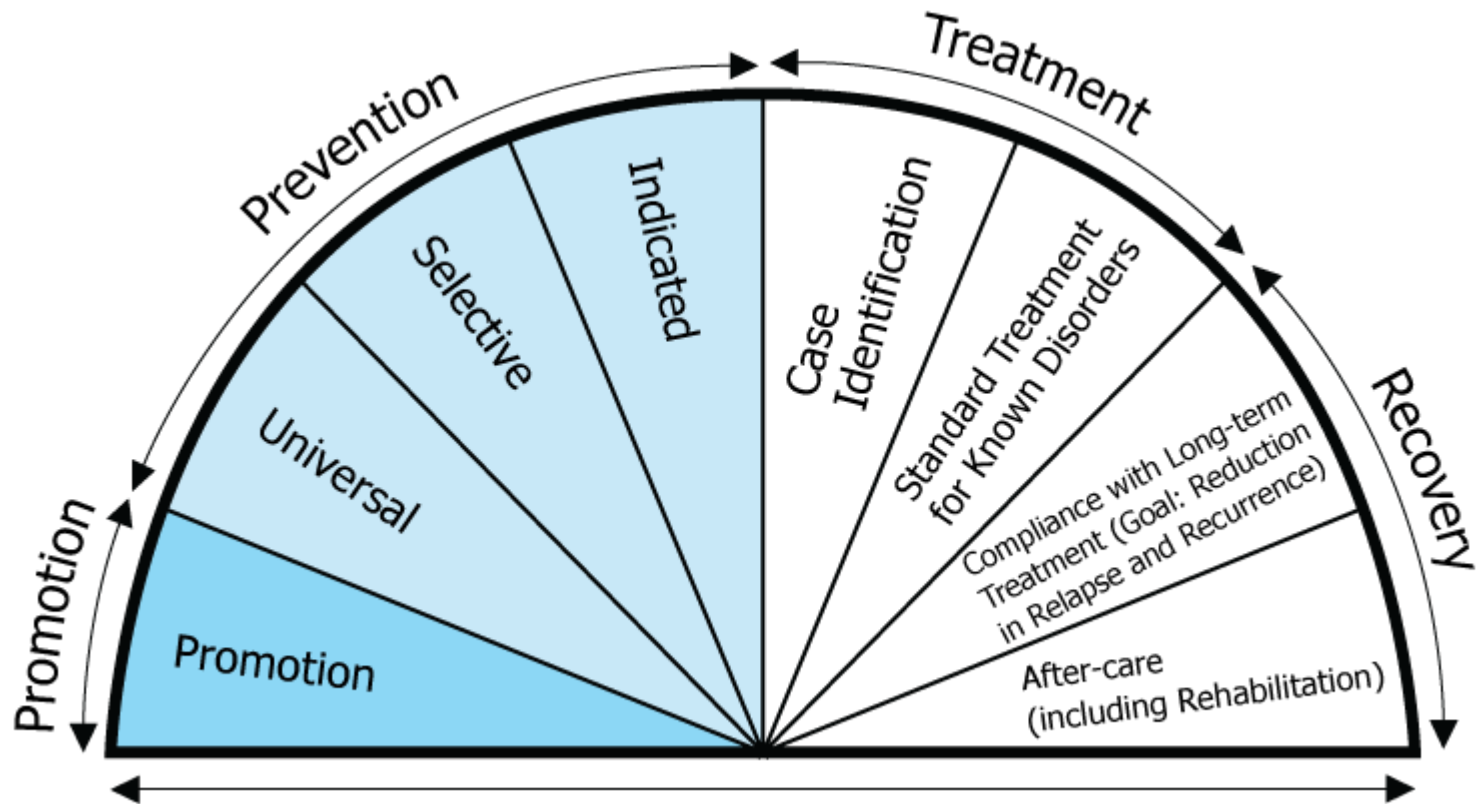
Community Prevention Mobilizer

Compass Mark

Objectives

- Recognize the use of evidence-based practices to address opioid addiction across systems
- Describe the importance of goal setting and data collection and analysis to achieve measurable outcomes
- Identify appropriate community partners to implement a county wide public health approach

Substance Abuse/Misuse Framework for Action Continuum of Care





U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Guidelines for Prescribing Opioids for Pain

- Determining when to initiate or continue opioids for chronic pain
- Opioid selection, dosage, duration, follow-up, and discontinuation
- Assessing risk and addressing harms of opioid use

Goal Setting

Strategic Plan



STRATEGIC PLAN

APRIL 2018

COMPLETED

POSTED



LANCASTER COUNTY
JOINING FORCES

SEPTEMBER 2018

Coordinating efforts to reduce deaths from opioids and heroin

Lancaster County Joining Forces aims to support and **coordinate efforts** to reduce deaths from opioids and heroin. In doing so, we **strengthen the great work** already happening in communities throughout the County, while allowing us to **identify gaps** in services and treatments so that we can **save lives together**. The goal is to focus on evidence-based practices outlined by the Substance Abuse and Mental Health Services Administration (SAMSHA) and the Centers for Disease Control and Prevention (CDC) to reduce exposure to opioids, prevent misuse, and treat opioid use disorder.

2019 GOALS

1

CONTINUE TO SATURATE

the community with messages of where to get help, how to take medications as prescribed, keep them locked up and safely dispose of unused medicines.

2

STRENGTHEN EFFORTS TO

- Increase access to treatments and care
- Provide evidence-based prevention education within all school districts in the County
- Expand prescription drug disposal modalities
- Increase warm handoffs at more transition points

3

IMPROVE PATIENT SAFETY BY

- Advancing Center for Disease Control's prescribing guidelines
- Decreasing the number of opioids dispensed
- Increasing the availability of alternative treatments for pain management

4

INCREASE TREATMENT & RECOVERY SUPPORT SERVICES BY

- Increasing the number of recovery support specialists
- Increasing publicly funded detox beds
- Creating more services for women with children
- Increasing screening, brief intervention and referral to treatment within ER, Primary Care and Perinatal Services

Saturate the Community with Unified Messaging

HELP IS HERE

for alcohol and other drug problems in Lancaster County

IN AN EMERGENCY

CALL 9-1-1

NEED DETOX? CALL

866-769-6822

NEED HELP FOR YOU OR A LOVED ONE?

For information and referrals, call or visit:

717-299-2831
compassmark.org

OR

2-1-1

www.211.org

PRESCRIPTION DRUG DROP-OFF LOCATIONS

Please call ahead for hours of availability prior to bringing your medications for disposal. (Listed alphabetical by city)

Columbia Borough Police Dept.
308 Locust Street, Columbia, PA 17512
717-872-0352

Southern Regional Police Dept. 16 717-872-0352

717-355-5302

n, PA 17022 717-367-2212

7022 717-367-8481

PA 17022 717-653-6888

7522 717-738-9265

7 717-464-2421

602 717-291-4676

602 717-299-8181

7603 717-299-8200

7601 717-569-6401

74 717-285-5191

17601 717-285-5191

538 717-285-5191

1401 717-285-5191

17545 717-285-5191

5 717-285-5191

17545 717-285-5191

WE ACCEPT:

- Prescription and over-the-counter medications
- Tablets and capsules
- Pet medications

- Intravenous solutions
- Injectables, syringes, and needles
- Hydrogen peroxide
- Compressed cylinders or aerosols (e.g., inhalers)
- Iodine-containing medications
- Thermometers
- Alcohol & illicit drugs (if legal)

Contact Lancaster County at 717-299-2831 with questions.

BEFORE YOU DROP-OFF, PLEASE NOTE:

- All drugs should be placed in a sealed container such as the original bottle or a zip-lock bag.
- Keep liquids in the original container.
- Personal information should be removed or blotted with a permanent marker.

DISPOSE OF YOUR PRESCRIPTION DRUGS SAFELY

Prescription drug abuse causes more deaths than all illegal drugs combined. Throwing your prescription drugs in the trash or flushing them down the toilet can harm people, rivers and wildlife.

Lancaster County provides a safe way to dispose of your prescription medications. It's easy to properly dispose of your prescription medications.

2018 Service Guide
GETTING HELP
for Alcohol and other
Drug Problems in
Lancaster County

D&A

Lancaster County

11th Street
17033

717-299-8025

717-299-7252

www.lancastercounty.pa.us/d&a

Over 102,000
Distributed

Website Launched

www.lancasterjoiningforces.org

Lancaster County Joining Forces: Working together against the opioid epidemic

Lancaster County Joining Forces is a collection of organizations and individuals who want to save lives and help our neighbors who are struggling with addiction. A partnership between community groups, coalitions, and task forces, Joining Forces will work together to strategically impact the number of deaths from opioid addiction in Lancaster County. The Joining Forces Coalition unifies and strengthens the fine work we are doing separately, while also allowing us to identify gaps in services and treatments so we can save more lives together.

OUR MISSION

The mission of Lancaster County Joining Forces is to coordinate efforts to reduce deaths from opioids and heroin.

OUR GOAL

The goal of Lancaster County Joining Forces is to utilize evidence-based practices outlined by the Substance Abuse and Mental Health Services Administration (SAMHSA) to address substance misuse and abuse.

[View/Download Goals for Upcoming Year](#)
[View/Download the SAMHSA Framework](#)



WHERE TO GET HELP!

In An Emergency, Call **911**

Need to contact a detox facility, call **866-769-6822**

Need information or referrals, call Compass Mark at **717-299-2831**

COUNTY DATA

See statistics and historical information on substance abuse, overdoses, and deaths in Lancaster County.

[View the Joining Forces data](#)

EDUCATIONAL RESOURCES

Lancaster County Help Is Here Wallet Card [↓](#)

Lancaster County Drug & Alcohol Service Guide (English) [↓](#)

Lancaster County Drug & Alcohol Service Guide (Espanol) [↓](#)

Lancaster County Drug Disposal Rack Card [↓](#)

School Based Prevention Curriculum Programs [↓](#)

School Based Prevention Curricula [↓](#)

SAMHSA Opioid Overdose Prevention Toolkit [→](#)

Frequently Asked Questions (PDMP) [→](#)

Substance Use Disorder Brochure [↓](#)

Community Form Toolkit [↓](#)

SAMHSA Drug-Free Workplace Toolkit [→](#)

Best Advice for People Taking Opioid Medication [→](#)

Low Back Pain [→](#)

Would you like to order **free** print materials?

[Use Our Order Form →](#)

COMMUNITY NEWS & EVENTS

[View Printable Listing](#)

MAY 4

Quarterly Meeting

JAN 10

Governor declares statewide 'disaster emergency' for opioid and heroin epidemic. Read about the declaration here. Read about reactions from Lancaster. [View the summary sheet.](#)

JAN 5

Opioid Epidemic: What You Need to Know [Click here to view video.](#)

DEC 15

Slippery Slope of Opioid Use [Click here to view the video.](#)

FEB 2

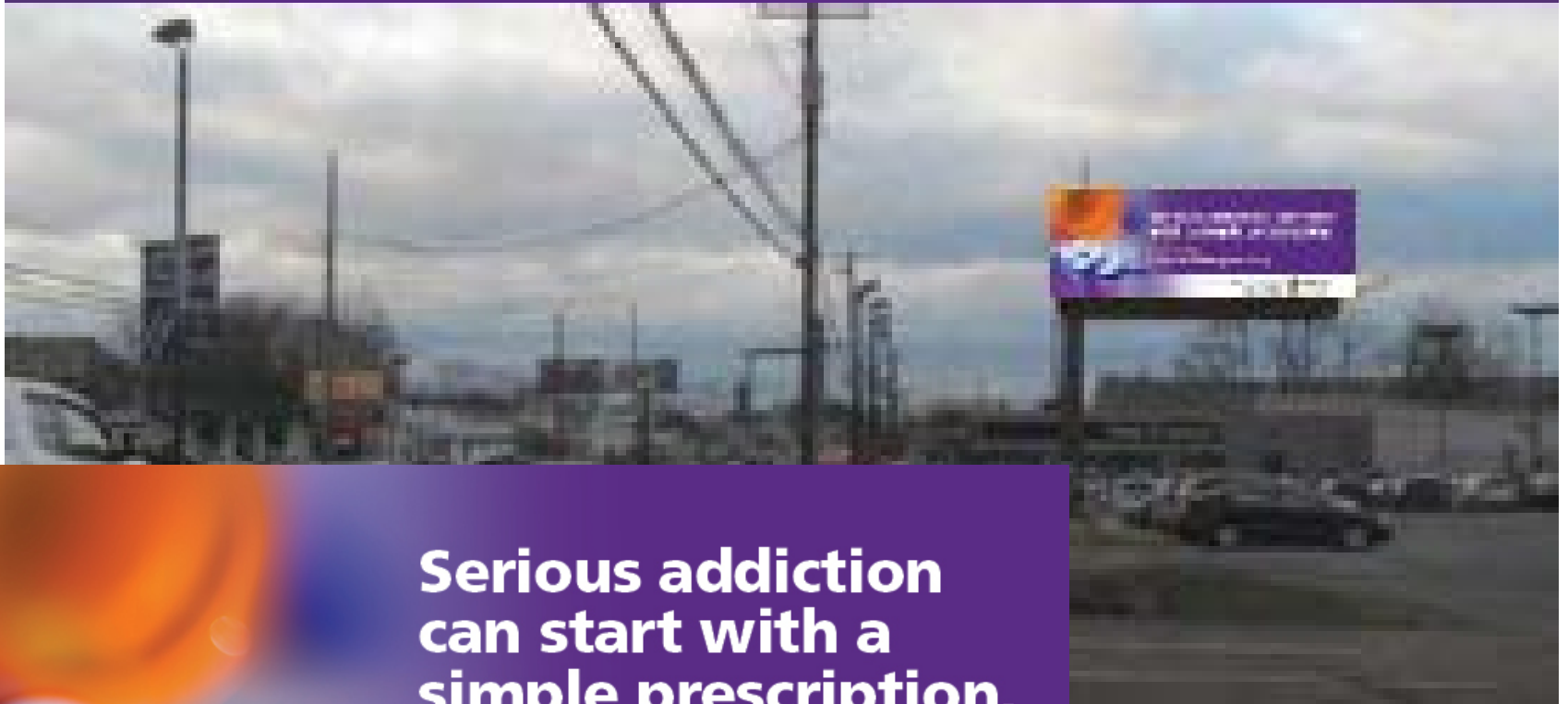
Quarterly Meeting Event invitation

JAN 25

Centers of Excellence In Pain Education [Click to learn more.](#)



50171-Manheim Pike



**Serious addiction
can start with a
simple prescription.**

HELP IS HERE:
LancasterJoiningForces.org

FUNDING PROVIDED BY



Help is here for addiction

Recovery can be a reality

1-800-662-HELP

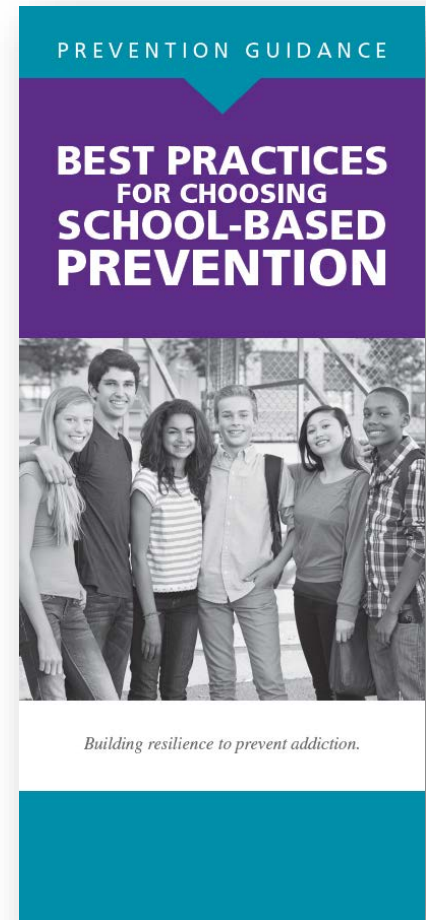


LancasterJoiningForces.org

FUNDING PROVIDED BY PENN MEDICINE LANCASTER GENERAL HEALTH AND GUNTERBERG CHARITABLE FOUNDATION/CULLITON FAMILY

Strengthening Efforts

- ED Warm Hand-off
- Naloxone Access
- Prescription Drug Take-Back
- Promotion of evidence-based school prevention programs
- Increased access to treatment and recovery services



Improving Patient Safety

www.opioidaware.org



SOUTH CENTRAL PA
OPIOID AWARENESS
COALITION



**Serious addiction
can start with a
simple prescription.**

www.opioidaware.org

Improve Data Collection and Public Reporting

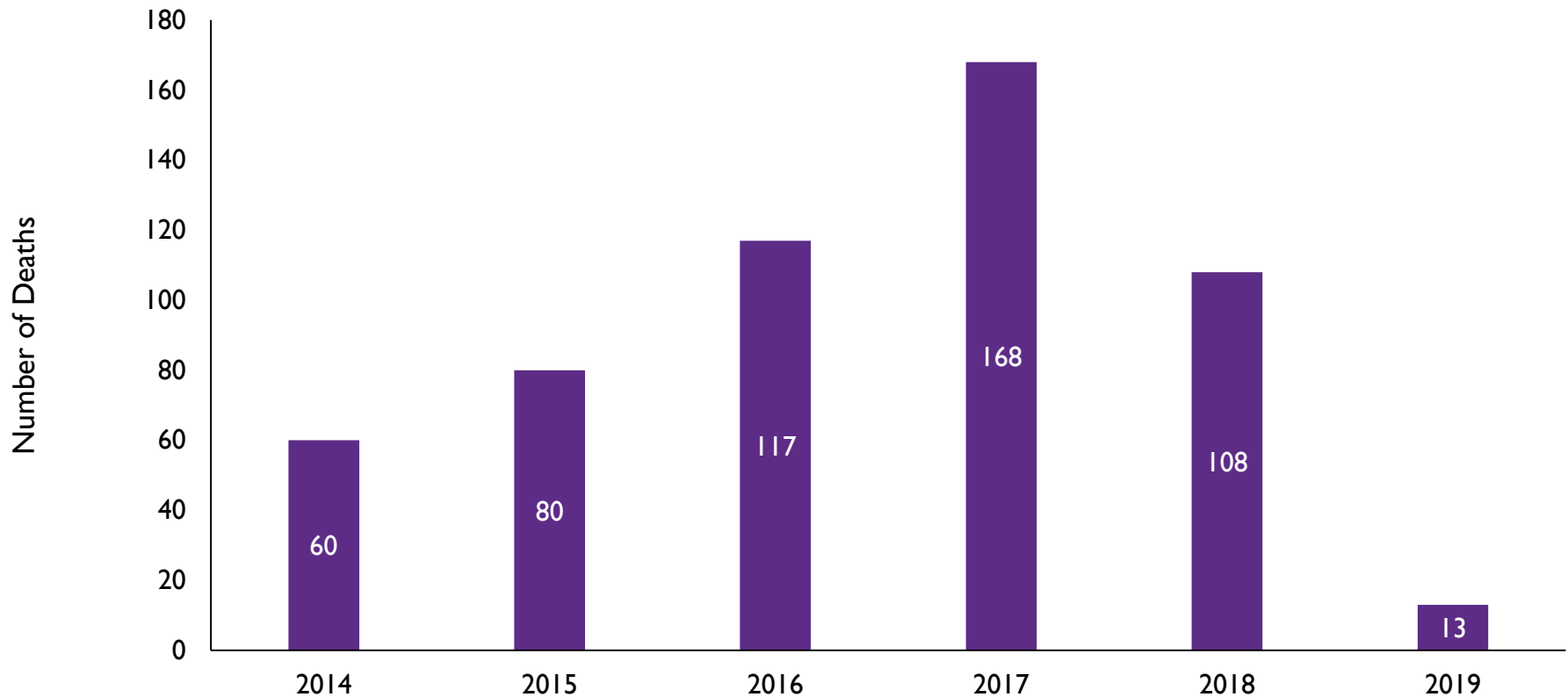
- Improved timely reporting on outcomes (overdose deaths)
- Process measures tracked and shared at steering committee and public meetings (example below)

Goal 2: Continue to share common messages throughout the community							
Unified Messaging	1*	Number of Campaign Impressions (Help is Here campaign)		11,790,332			11,790,332
		Bus Shelters (Columbia)		2,156,000			2,156,000
		Shopping Carts (Columbia)		1,868,482			1,868,482
		Pharmacy Kiosks		326,180			326,180
		Outdoor (Number of billboard impressions)		4,288,674			4,288,674
		Newspaper		81,537			81,537
		Digital (Number of digital advertisement impressions)		3,069,459			3,069,459
	2	Number of clicks on digital advertisements		4,889			4,889
	3*	Number of new visitors to website	403	1,432	1,457	1,505	3,365
	4*	Joining Forces materials distributed	36,819	28,127	13,724	23,639	102,309
	5	Number of educational programs held by members of Joining Forces	Not tracked in 2018				
	6*	Number of people reached by educational programs	125,670		1,226	998	127,894



Data Collection and Analysis

Total Overdose Deaths, Lancaster County 2014–present (as of 3/1/2019)



Sources:

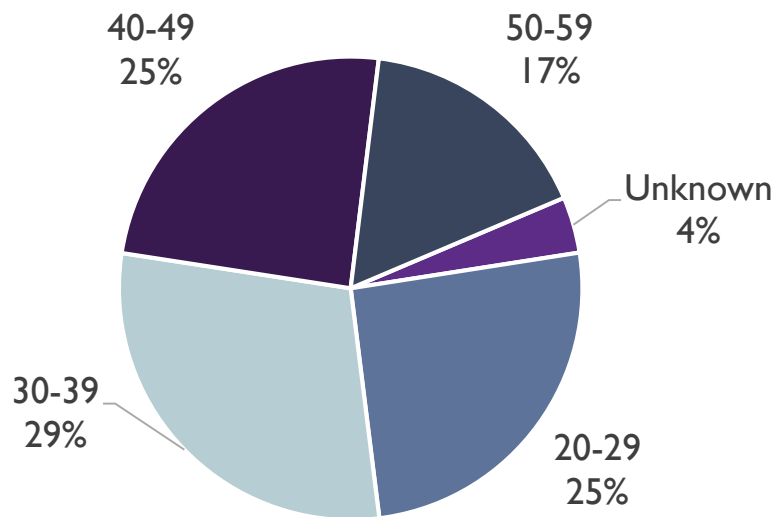
Pennsylvania State Coroners Association Report on Overdose Death Statistics, 2014

Analysis of Drug Related Overdose Deaths in Pennsylvania, 2015. Prepared by the DEA Philadelphia Field Division

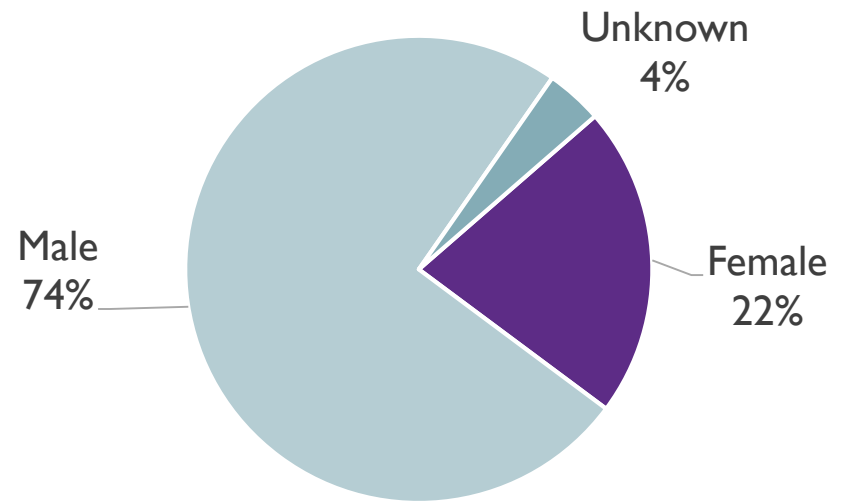
Analysis of Overdose Deaths in Pennsylvania, 2016. Prepared by the DEA Philadelphia Division and the University of Pittsburgh.

Lancaster County Coroners Office

2018 Overdose Deaths in Lancaster: A Closer Look



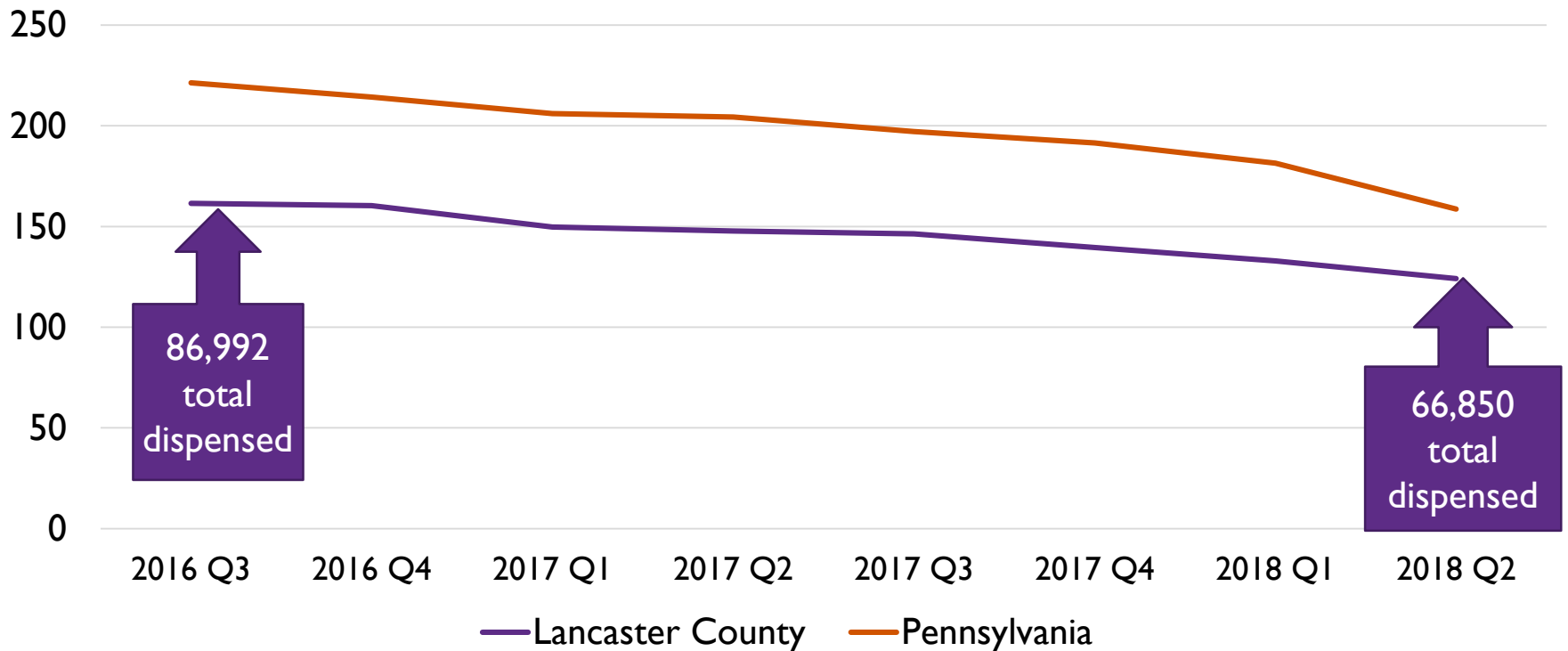
Age



Sex

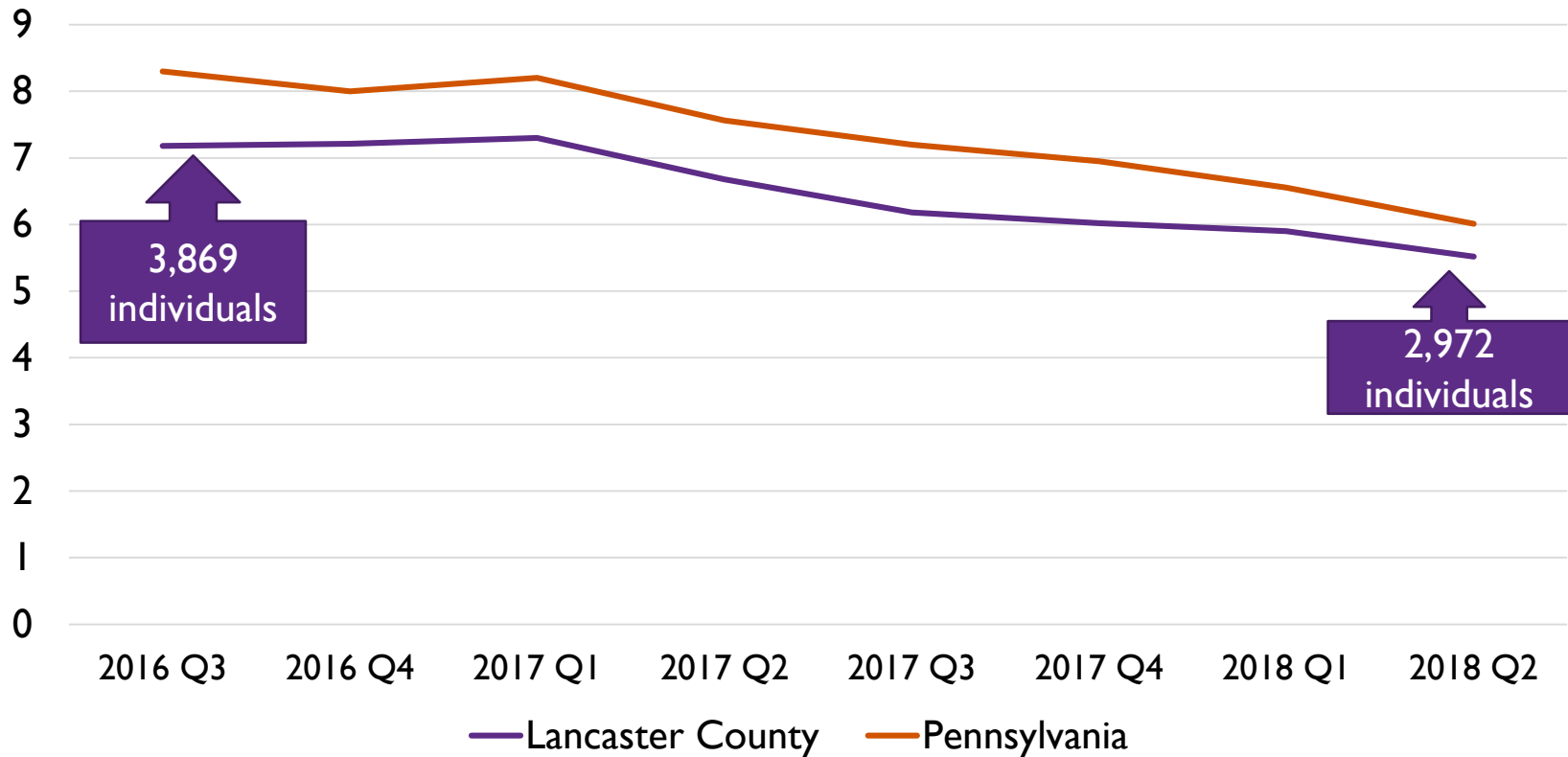
PDMP Opioid Dispensing Rate

Opioid Dispensing Rate Per 1,000 Residents



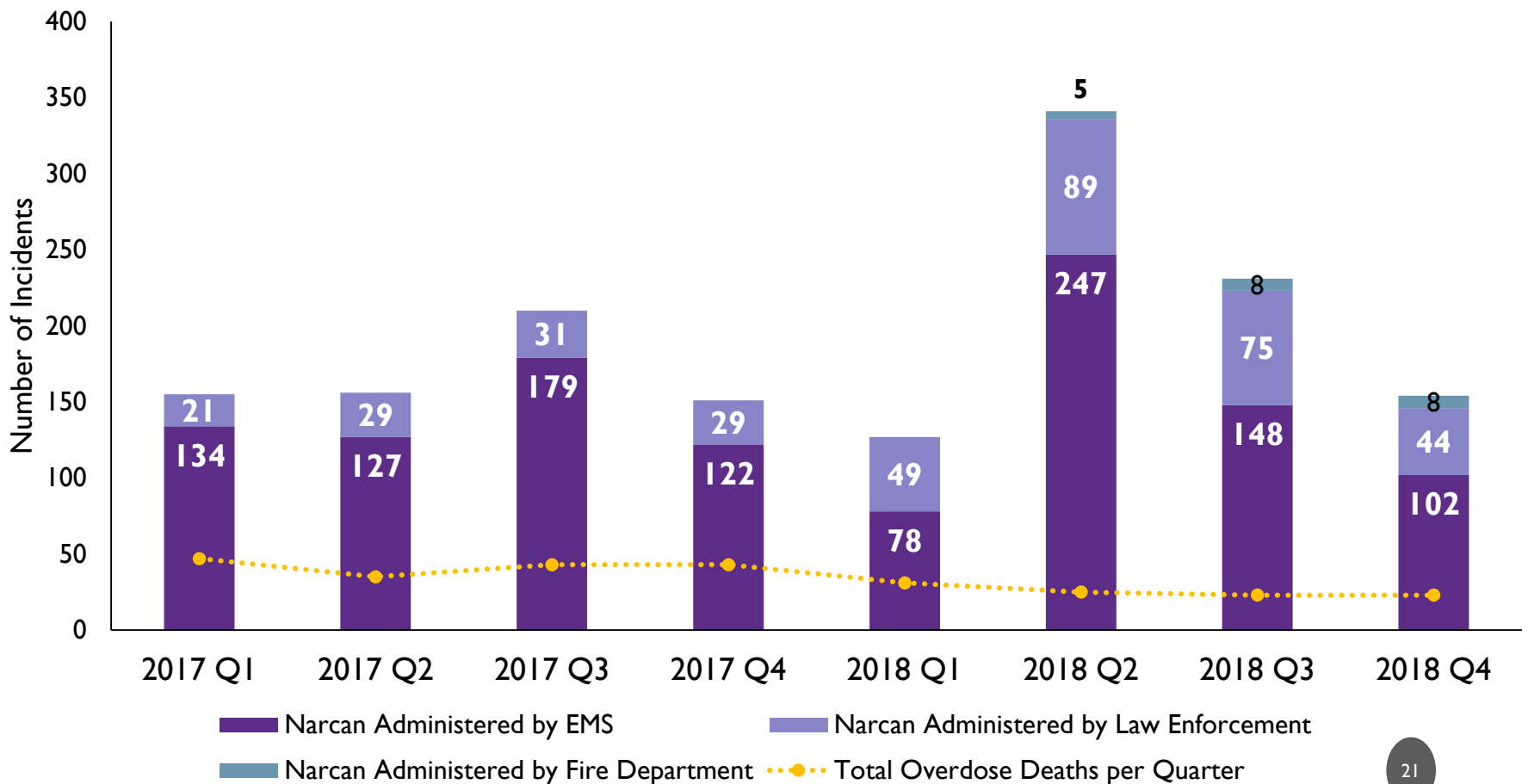
PDMP Riskier Prescribing Measures

Rate of Individuals Per 1,000 Residents with Average Daily MME >90



Narcan Administration Trends, 2017-2018

Narcan Administration by First Responders



2018 Trends

- ↓ Overdose Deaths
- ↓ Narcan usage by first responders
- ↓ Risky Prescribing Behaviors
- ↓ Opioids Dispensed

How have we organized for change?



LANCASTER COUNTY

JOINING FORCES

Coordinating efforts to reduce deaths from opioids and heroin

Steering Committee



Lancaster Chamber
People | Business | Community



COMPASS MARK
SCIENCE-BASED ADDICTION PREVENTION



Let's Talk, Lancaster
changing the conversation
about mental health

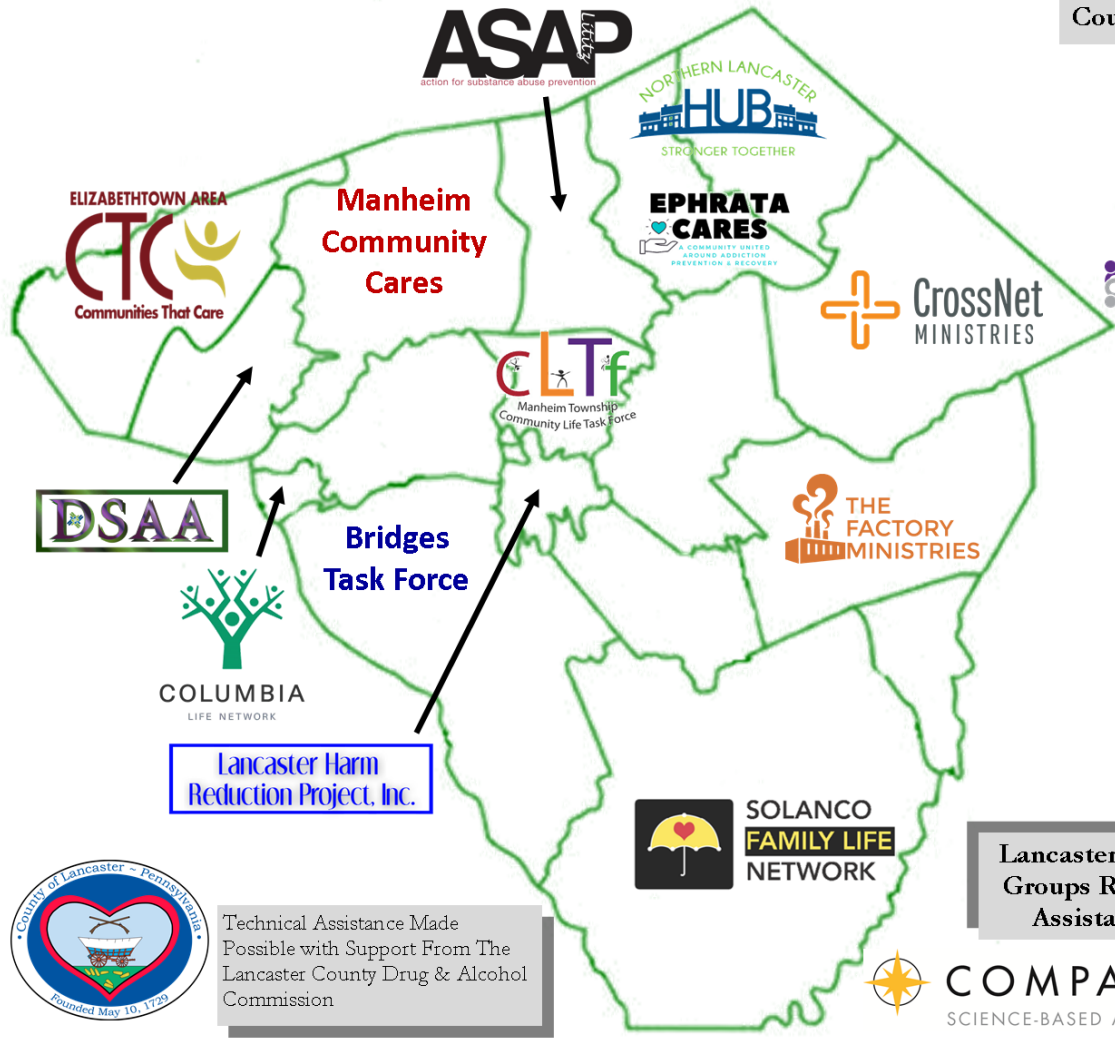


LANCASTER COUNTY
RECOVERY ALLIANCE



SOUTH CENTRAL PA
OPIOID AWARENESS
COALITION

Community Groups



County Wide Initiatives

- DUI Council of Lancaster County**
Global Outreach for Addiction Leadership and Learning
- GOAL**
GLOBAL ADDICTION RECOVERY PARTNERS
- LANCASTER COUNTY JOINING FORCES**
Coordinating efforts to reduce deaths from opioids and heroin
- LANCASTER COUNTY RECOVERY ALLIANCE**
- Lancaster County Recovery House Coalition**
- PROJECT LAZARUS**
Lancaster County
- Tobacco FREE Coalition**
OF LANCASTER COUNTY

Lancaster County Grassroots Groups Receiving Technical Assistance Provided By



Technical Assistance Made Possible with Support From The Lancaster County Drug & Alcohol Commission



LANCASTER COUNTY
JOINING FORCES
Coordinating efforts to reduce deaths from opioids and heroin

LancasterJoiningForces.org

Thank You